



# Spring Arbor of Hendersonville

Residential Assisted Living



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### Administrative Staff

Joy Hougan ..... Executive Director  
Helen Piscitelli ..... Business Office Manager  
Gail Webb ..... Resident Care Director  
Sharlyn Hamilton ..... Marketing Manager  
Phil Minnick ..... Maintenance Director  
Jude Mohammed ..... Food Service Director  
Shena Mintz ..... Community Relations  
Daphne Neal ..... Activity Director  
Maggie Grier ..... Cottage Care Coordinator



### 90 & Over Young at Heart

Spring Arbor of Hendersonville and Spring Arbor West will host our 2nd Annual 90 & Over Young At Heart Party on Thursday, May 24, at Spring Arbor West from 7 to 8:30 p.m. May is Older Americans Month!



Ted Banasik is enjoying the music by Joe Fazio during the Resident Appreciation Party. He is also one of our 90 & Over Young at Heart Residents!

### May 2012

### Thank You!

Spring Arbors of Hendersonville would like to thank all of those who attended our Easter egg hunt. What a gorgeous day for a hunt!



Everyone enjoyed watching the kids hunt for their eggs!

## Resident Birthdays

5-14 Betsy Wilson  
5-23 Marge Baldwin

## The Cottage

5-16 Rebecca Mitchell

## Staff Birthdays

5-7 Jessica Inek  
5-8 Gail Webb  
5-20 Barbara Rodgers  
5-24 Mary Mathis



Joyce Hill and Pat Kiser helped make some really good vegetarian chili.



Bo Mohammed is the man!





These ladies are crafty!

## Shopping Trips

If you have items that need to be purchased at Walmart, please see Daphne Neal by 9:30 a.m., Tuesday mornings. Walmart shopping is done weekly.

Sunday	Monday	Tuesday
 <b>Mother's Day</b>	 <b>MEMORIAL DAY</b>	<b>Chocolate Parfait Day!</b> 1 9:30-10: Senior Fitness 10-12: Walmart Shopping 10:15: Visits W/ Pat 10:15-11:15: Nature Club: Video in the Living Room 1:30-2:15: Making Chocolate Pudding Parfaits 2:45-3:15: Parfait Social 3:30-4:15: Uno Card Game
6 9:30-10: Senior Fitness 1-2: God's Handiwork W/ Betty 3-4: Devotions W/ Scarlett	7 9-9:30: In-Room Visits 9:30-10: Groove & Move 10:30-11: Arbor Store 11:15-11:45: Book of the Month Club 1-2: Uno Card Game 2:15-3: Cinco de Mayo Party! 3:30-4:15: Quarter Bingo	8 <b>HAVE A COKE DAY!</b> 9:30-10: Senior Fitness 10-12: Walmart Shopping 10:15-11:15: Nature Club: 10:15-11:15: Visits W/ Pat 1:30-2:15: Connestee Combo Music 2:30-3: Coke Floats on the Porch 3:15-4:15: Scenic Drive W/ Five
<b>HAPPY MOTHER'S DAY!</b> 13 9:30-10: Senior Fitness 12-1: Mother's Day Lunch 1-2: God's Handiwork W/ Betty 3:30-4: King's Grove Baptist Church Service	<b>Dance Like a Chicken Day</b> 14 8:45-9: Birthday Committee 9:30-10: Sittersize 9:30-12: BC- Spa With Anna/Happy Mother's Day! 10:15-11: Doughnuts & Coffee 1-2: Salvation Army 2-3: Uno Card Game 3-4: Music W/ Uncle Sam <b>HAPPY BIRTHDAY BETSY!</b>	<b>Chocolate Chip Day</b> 15 9:30-10: Senior Fitness 10-12: Walmart Shopping 10:15-11:15: Nature Club: Video in the Living Room 10:15-11:15: Visits W/ Pat 12-1: Chocolate Chip Dessert 1:15-2: Skip-Bo! 2:15-3: Tomato Sandwich Social
20 9:30-10: Senior Fitness 11:30-12: St. James Episcopal Church Service 1-2: God's Handiwork W/ Betty 3-4: Calvary Baptist Church Service	<b>Blue Jean Monday!</b> 21 <b>WEAR YOUR JEANS TODAY!</b> 9:30-10: Move & Groove 10:15-10:45: Coffee & Doughnuts 10:45-2: Men's Lunch Bunch 2-3: Travel Club: TBA 3:15-4:15: Skip-Bo!	<b>Vanilla Pudding Day!</b> 22 9:30-10: Senior Fitness 9:45-12: Bingo & Lunch at Chic-fil-A 10:15-11:15: Nature Club: 10:15-11:15: Visits W/ Pat 12-1: National Vanilla Pudding Day! 1:30-2:15: Making & Baking Muffins 2:45-3:15: Muffins & Coffee 3:45-4:15: How Many Words?
27 9:30-10: Senior Fitness 1-2: God's Handiwork W/ Betty 3-4: Devotions W/ Rev. Hix	<b>Memorial Day</b> 28 9:30-10: Sittersize 10:30-11: Making Memorial Day Bouquets 12-1: Memorial Day Picnic / Hot Dogs & Hamburgers 1:30-2: Ladderball 2:15-3: Ice-Cream Cones on the Porch 3:30-4: Butterbean Auction	<b>Yogurt Day!</b> 29 9:30-10: Senior Fitness 10-12: Walmart Shopping 10:15-11:15: Nature Club: Video in the Living Room 10:15-11:15: Visits W/ Pat 1:30-2:15: Making Yogurt Parfaits 2:45-3:15: Yogurt Parfait Social 3:45-4:30: Skip-Bo!

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;"><b>2</b></p> <p>9:30-10: Sittersize            9:30-9:45: 15 Min. Stroll            10:15-10:45: Fruit Drinks            10:30-11:30: Pet Visits W/ Buddy            11-12: Book of the Month Club            1-2: Travel Club            2-2:30: Popcorn &amp; Coke            3:15-4:15: Quarter Bingo</p>	<p style="text-align: right;"><b>3</b></p> <p>National Day of Prayer            9:30-10: Sittersize            10:30-11: Prayer &amp; Devotions W/ Phil            11-11:30: Arbor Store            1-1:30: Trivia            2:15-3:15: Popsicles on the Porch            2-4: Scenic Ride            6:30-7:30: Mudd Creek Baptist Church</p>	<p style="text-align: right;"><b>4</b></p> <p>Fire Fighters Day!            9:30-10: Sittersize            10-11: Travel Club            11-11:30: LadderBall            2-2:30: Popsicles on the Porch            6:30-8:30: TGIF: Friday Night Movie</p>	<p style="text-align: right;"><b>5</b></p> <p>Cinco de Mayo            9:30-10: Sittersize            10-12: Saturday Morning Movie            2-3: Quarter Bingo W/ Nancy            7-8: Lawrence Welk in the Living Room</p>
<p style="text-align: right;"><b>9</b></p> <p>3rd Shift Worker's Day!            9:30-10: Sittersize            9:30-9:45: 15 Min. Stroll            10:30-11: Fruit Drinks            10:30-11:30: Pet Visits W/ Buddy            11-12: Book of the Month            1-2: Travel Club: TBA            2:45-3:15: Making Mother's Day Crochets' W/ Bridgett            6:45-7:45: Mennonite Choir</p>	<p style="text-align: right;"><b>10</b></p> <p>Clean Up Your Room Day!            9:30-10: Sittersize            10:30-11:30: Crafts            1:30-2:30: Music W/ Larry            3-4: Ladies' Happy Hour            3-4: Men's Club (Cottage)            4-4:30: LadderBall            6:30-7:30: Nature Series / Gardens, Blossoms &amp; Blooms</p>	<p style="text-align: right;"><b>11</b></p> <p>9:30-10: Sittersize            10:15-11: Trivia            11-11:45: Ladderball            2-3:30: Mother's Day Tea &amp; Music With Terry Welton at Spring Arbor West            2:15-2:45: Ice-Cream on the Porch            6:30-8:30: Mother's Day Movie</p>	<p style="text-align: right;"><b>12</b></p> <p>9:30-10: Sittersize            10-12: Saturday Morning Movie            2-3: Quarter Bingo W/ Nancy            7-8: Lawrence Welk in the Living Room</p>
<p style="text-align: right;"><b>16</b></p> <p>Wear Purple for Peace Day!            9:30-10: Sittersize            9:30-9:45: 15 Min. Stroll            10:30-11:30: Music W/ Teresa Allan            10:30-11:30: Pet Visits W/ Buddy            1-2: Travel Club            2-2:30: Cookies &amp; Punch            3:15-4:15: Quarter Bingo</p>	<p style="text-align: right;"><b>17</b></p> <p>National Cherry Cobbler Day            9:30-10: Sittersize            10:30-11: Prayer &amp; Devotions W/ Phil            10:45-2:30: Ladies' Lunch Bunch to "A Day in the Country"            12-1: Cherry Cobbler Day            3-3:30: LadderBall            3:45-4:30: Book of the Month Club</p>	<p style="text-align: right;"><b>18</b></p> <p>9:30-10: Sittersize            10:30-11: Travel Club            11-11:45: Ladderball            12-1: Music W/ Joe            2-2:45: Ice-Cream Cones on the Porch            6:30-8:30: TGIF: Friday Night Movie</p>	<p style="text-align: right;"><b>19</b></p> <p>9:30-10: Sittersize            10-12: Saturday Morning Movie            2-3: Quarter Bingo W/ Nancy            7-8: Lawrence Welk in the Living Room</p>
<p style="text-align: right;"><b>23</b></p> <p>9:30-10: Sittersize            10-12: Walmart Shopping            10:30-11:30: Pet Visits W/ Buddy            11-12: Book of the Month            1-2: Travel Club            2-2:30: Popcorn &amp; Coke            3:15-4:15: Quarter Bingo   <b>HAPPY BIRTHDAY MARGE!</b></p>	<p style="text-align: right;"><b>24</b></p> <p>90 &amp; Over Party Tonight!            9:30-10: Sittersize            10:15-11: Making Flower Arrangements            11:15-11:45: Arbor Store            1:15-2: Trivia            3-4: Men's Club            3:15-4:15: Ladies' Happy Hour            7-9: 90 &amp; Over Party at Spring Arbor West</p>	<p style="text-align: right;"><b>25</b></p> <p>9:30-10: Sittersize            10:30-11:30: Crafts            1:15-2: Decorating Committee            2-3: Birthday Party &amp; Music With Jim Sinclair            3:45-4:30: How Many Words?            6:30-8:30: TGIF: Friday Night Movie</p>	<p style="text-align: right;"><b>26</b></p> <p>9:30-10: Sittersize            10-12: Saturday Movie            2-3: Quarter Bingo W/ Nancy            7-8: Lawrence Welk in the Living Room</p>
<p style="text-align: right;"><b>30</b></p> <p>9:30-10: Sittersize            9:30-9:45: 15 Min. Stroll            10:30-11:30: Food Committee &amp; Resident Council/            Beverages Provided            10:30-11:30: Pet Visits W/ Buddy            1-2: Travel Club            2-2:30: Popcorn &amp; Coke            3:15-4:15: Skip-Bo!</p>	<p style="text-align: right;"><b>31</b></p> <p>9:30-10: Sittersize            10:15-11:15: Travel Club: TBA            10:45-2: Lunch Bunch to Bay Breeze            2:30-3: Trivia            3:15-3:45: LadderBall            4-4:30: Lemon Tea on the Porch</p>	<div style="text-align: center;">  </div>	<div style="text-align: center;">  </div>

# May 2012

## Spring Arbors Volunteers



Spring Arbors of Hendersonville would like to thank each and every one of the volunteers who dedicate their time, love and talents to all of our residents. Spring Arbor of Hendersonville has more than 50 volunteers who visit our building. A Volunteer Luncheon was hosted on Thursday, April 12, in honor of all of these volunteers who bring so much to our activities program. If you are interested in becoming a volunteer, please contact Daphne Neal, activities director. We would like to thank you again to all of our volunteers!



June Rathburn is showing off the delicious pudding dessert she helped prepare.