



# Spring Arbor of Kinston

## Residential Assisted Living



3207 Carey Road • Kinston, NC 28504  
phone: (252) 523-3099 • fax: (252) 523-8074



### Meet the Management

- Randy Jackson ..... Executive Director  
knexecdirector@hhhunt.com
- Megan Parks ..... Resident Care Coordinator  
knresidentcare@hhhunt.com
- Georgie Sasser ..... Activities Coordinator  
knad@hhhunt.com
- Ted Cole ..... Food Service Manager
- Marjorie Lewis ..... Business Office Manager
- Stan Sullivan ..... Maintenance Supervisor
- Denise Allen ..... Cottage Care Coordinator

### Companionship Program

Students at Arrendell Parrott Academy and Spring Arbor have partnered to offer a companionship program for our residents who choose not to participate in our activity program regularly. The students visit "one-on-one" with the residents, assisting them with activities that may interest each one individually. The objective of this program is to help with the depression, socialization, and loneliness that can occur with the elderly. In youth we learn. In age we understand.

Marie Eschenbah



## February 2012

### Month of Love!!!

February is the shortest month, but we will still find the time to be creative and have lots of fun.

We will celebrate a traditional holiday "Valentine" with an elegant Sweetheart Dinner, complete with beautiful decorations, candlelight, and entertainment. Our residents are looking so forward to this special evening and our staff is equally excited to have this opportunity to show our residents how special they are to us. This will be a night to remember for all.

It may be winter but we do not have the winter blues at Spring Arbor, but if you do just drop by for a visit and we will chase them away for you!!!!

### HAPPY VALENTINE'S DAY!!!!!!!



Love  
bears all things,  
believes all things,  
hopes all things,  
endures all things,  
Love,  
never ends.....

1 Corinthians 13: 7 & 8



## Welcome New Residents

Lorena Mills  
Evelyn Lancaster

## HAPPY BIRTHDAY



04 Isaiah Chadwick  
14 Mamie Warren  
19 Agnes Davis  
25 Toni Frankfort

## February Highlights

02 Lunch @ Smiths  
02 Cottage Anniversary  
06 Resident Council  
09 Cracker Barrel  
14 Valentine Dinner  
17 Lunch @ Kens  
23 Waffle House  
24 New Resident Party  
27 Auction



Mr. Terry and Mrs. Munkert showing off the items they won at our Price Is Right game. Smart shoppers you two!



Residents' Christmas Flower. Thanks Stan!!!

Sunday	Monday	Tuesday
		<p><i>Be My Valentine</i> </p>
<b>5</b>	<b>6</b>	<b>7</b>
9:00 Church 2:00 Sunday Snack 3:00 Valentine Word Scrambler 6:00 Walking Buddies	9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Resident Council	9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 11:00 One on One 2:00 Bank Trips 2:00 Personal Shopping 7:00 Sandy Bottom Choir
<b>12</b>	<b>13</b>	<b>14</b>
9:00 Church 2:00 Sunday Snack 3:00 Board Games 6:00 Walking Buddies	9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Price Is Right	9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 11:00 One on One 2:00 Bank Trips 2:00 Personal Shopping 5:00 Sweetheart Valentine Dinner
<b>19</b>	<b>20</b>	<b>21</b>
9:00 Church 2:00 Sunday Snack 3:00 Puzzle Me? 6:00 Walking Buddies	9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Presidents' Day Trivia / Cherry Pie	9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 11:00 One on One 2:00 Bank Trips 2:00 Personal Shopping
<b>26</b>	<b>27</b>	<b>28</b>
9:00 Church 2:00 Sunday Snack 3:00 Residents Choice 6:00 Walking Buddies	9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Auction	9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 11:00 One on One 2:00 Bank Trips 2:00 Personal Shopping

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>1</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Brain Teasers	<b>2</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 11:00 Lunch @ Smiths 2:00 Groundhog Hunt 3:00 Pet Therapy 5:00 - 6:00 Cottage Anniversary Party	<b>3</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Family Dollar	<b>4</b>  9:00 Exercise and Strengthen 10:30 Devotion 2:00 Saturday Snack 3:00 Saturday Matinee 6:00 Roll and Stroll
<b>8</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Walmart Shopping 6:00 Bible Study W/ Melissa	<b>9</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 11:00 Lunch @ Cracker Barrel 3:00 Pet Therapy	<b>10</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Happy Hour	<b>11</b>  9:00 Exercise and Strengthen 10:30 Devotion 2:00 Saturday Snack 3:00 Saturday Matinee 6:00 Roll and Stroll
<b>15</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Ring Toss 6:30 Worship W Bishop Bryant	<b>16</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Aromatherapy 3:00 Pet Therapy	<b>17</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 11:00 Lunch @ Kens 2:00 Bingo 3:00 Dollar General	<b>18</b>  9:00 Exercise and Strengthen 10:30 Devotion 2:00 Saturday Snack 3:00 Saturday Matinee 6:00 Roll and Stroll
<b>22</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Mystery Bag Auction 6:00 Bible Study W/ Melissa	<b>23</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen Inspirational Readings 2:00 Sing Along 3:00 Pet Therapy 4:30 Dinner @ Waffle House	<b>24</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 New Resident Social	<b>25</b>  9:00 Exercise and Strengthen 10:30 Devotion 2:00 Saturday Snack 3:00 Saturday Matinee 6:00 Roll and Stroll
<b>29</b>  9:00 Wheeling and Walking 9:30 Daily News 10:00 Exercise and Strengthen 2:00 Bingo 3:00 Arts and Crafts			

# February 2012



What are we watching? Our favorite entertainer, SIC Kenny Taylor. Our thanks go to (resident) Mr. Richard Baker who videos Kenny on the nights he sings and plays the piano for us during his dinner hour. We appreciate Mr. Baker for doing this and to Kenny for all he does to make our house such a wonderful place to call home.



Mrs. Mary Jo Pringle and her therapy dog O'Reilly invited our pet therapy group to the Kinston Country Club for a Christmas lunch. O'Reilly only growled once and that was when they brought the check! Thank you Mrs. Mary Jo and O'Reilly. You bring a smile to our faces and a sparkle to our eyes.