



The Oaks of Lynchburg

RESIDENTIAL ASSISTED LIVING



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May 2012

The Oaks of Lynchburg

Executive Director Sylvia Maddox
Business Office Manager Holly Williams
Res. Care Coordinator Laura Chandler
Act. Director Staci Davis, Katie Bryant
Food Service Manager Carolyn Conner
Maintenance Manager Thomas Osborne



Making Friends with the Easter Bunny



Chatting with Friends in the Activity Room



Mother's Day

Let's celebrate our wonderful mothers this May by gathering for a social on The Oaks' sun porch. Refreshments will be served and all are invited to join!



Older American's Month

This month, join The Oaks' family in celebrating senior living with resident and community events!

Welcome New Residents

Ruth Rogerson

Happy Birthday

Elizabeth Coleman
June Ewers
Harvey Sellers

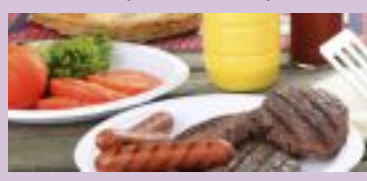


A Special Announcement!

You are invited to ...
Our Family Lunch
May 20 at 12 p.m.

Menu


Home-style Meatloaf,
Yellow Squash
Fresh Broccoli,
and Coconut Cake.
Please R.S.V.P by
May 15. Enjoy!



Rockin' on the Front Porch!

May is the perfect time
to sit out on the front
porch with friends,
Smokey the friendly cat,
and an ice-cold glass of
lemonade. Front Porch
Rockers, be sure to check
out our container gardens
courtesy of The Oaks
Garden Club!

Sunday	Monday	Tuesday
<p>Special Events Are Highlighted</p> <p>Calendar Is Subject To Change</p>		<p>10:00 - 10:30 Forever Fun Fitness: Dance Workout! 11:00 - 11:45 Let's Play Checkers 1:00 - 2:00 Scenic Driving Tour of Lynchburg W/ Staci! 6:30 - 7:30 Gospel Singing W/ Prayer Faith Temple</p>
6	7	8
<p>9:30 - 10:00 Sunday School W/ Ken Lane 2:00 - 3:00 Staunton River Boys 6:00 - 7:00 Let's Work a Puzzle in the Activity Room 7:30 Late Night Snack Cart</p>	<p>10:00 - 11:00 Gentleman's Morning Club W/ Bob 10:00 - 11:00 Laughin' W/ The Ladies Over Hot Chocolate 1:00 - 2:00 BINGO Blast W/ Sweet Treats</p>	<p>10:00 - 10:30 Forever Fun Fitness: Move & Groove! 11:00 - 11:45 Balloon Tennis Toss 1:00 - 2:00 Karaoke Sing-Along 6:00 - 7:30 "Take a Hike" Walking Club</p>
13	14	15
<p>** Happy Mother's Day!** 9:30 - 10:30 Sunday School W/ Ken Lane 2:00 - 3:00 Mother's Day Social 6:00 - 7:00 Nifty Knitting & Crochet Club</p>	<p>10:00 - 11:00 Men's Current Events Over Doughnuts W/ Bob! 10:00 - 11:00 Ladies' Morning Tea Time! 1:00 - 2:00 Prize BINGO W/ Beaded Necklaces</p>	<p>10:00 - 10:30 Forever Fun Fitness: Morning Stretch! 11:00 - 11:45 Come Play "Are You Smarter Than a 5th Grader?" 1:00 - 2:00 Let's Bake a Batch: Chocolate Chip Cookies</p>
20	21	22
<p>9:30 - 10:30 Sunday School W/ Kenneth Lane 12:00 - 1:00 Family Luncheon 3:00 - 4:00 Hyland Heights Baptist Church 6:00 - 7:00 "Take a Hike" Walking Club</p>	<p>10:00 - 11:00 Men's Morning Coffee & Chat W/ Bob 10:00 - 11:00 Women's "Best Books" Chat W/ Pastries 1:00 - 2:00 Nickle Treasure Chest BINGO!</p>	<p>10:00 - 10:30 Forever Fun Fitness: Toning Muscles! 11:00 - 11:30 Rock & Talk: Lemonade on the Front Porch 1:00 - 2:00 Art Project: Flower Arranging</p>
27	28	29
<p>9:30 - 10:00 Sunday School W/ Ken Lane 1:00 - 2:00 Rock & Talk on the Front Porch 6:00 - 7:00 Browse Books in the Library & Activity Room</p>	<p>** Happy Memorial Day! ** 10:00 - 11:00 Men's News Review Crew W/ Bob 10:00 - 11:00 Ladies' "Favorite Films" Chat Over Hot Tea 11:30 - 1:00 Community Cookout! 1:00 - 2:00 Prize BINGO</p>	<p>10:00 - 11:00 Residents' Council Meeting 11:30 - 12:00 Balloon Tennis Toss 1:00 - 2:00 Forever Fun Fitness: Dance Workout! 3:00 - 4:00 Decadent Chocolate Tasting!</p>

Wednesday	Thursday	Friday	Saturday
2	3	4	5
<p>10:00 - 11:00 Come Play Pictionary in the Activity Room</p> <p>10:00 - 11:00 Chatting W/ Chaplain Dodie</p> <p>2:00 - 3:00 Gospel Sing-Along W/ Ann!</p> <p>6:00 - 7:00 Spa Manicures</p>	<p>10:00 - 10:30 Forever Fun Fitness: Move to the Oldies</p> <p>11:00 - 11:30 Magazine Madness</p> <p>2:00 - 3:00 Happy Timers Band!!!</p> <p>6:00 - 7:00 Reminisce Group: Favorite Vacations</p>	<p>10:00 - 10:45 Marvelous Manicures</p> <p>11:00 - 12:45 Ladies' Lunch Outing</p> <p>1:00 - 2:00 Prize BINGO W/ Sweet Treats</p> <p>6:00 Friday Night Featured Film: An Action Adventure</p>	<p>**Happy Cinco de Mayo!**</p> <p>10:00 - 11:00 Morning Crossword Puzzle in the Activity Room</p> <p>11:00 - 12:00 Singing W/ Liberty Campus Surf</p> <p>6:30 - 7:30 Mexican Fiesta!!</p>
9	10	11	12
<p>10:00 - 11:00 Come Make a Strike at The Oaks' Bowling Alley!</p> <p>10:00 - 11:00 Chatting W/ Chaplain Dodie</p> <p>2:00 - 3:00 BINGO W/ Indian Hill Methodist Church Ladies</p>	<p>10:00 - 10:30 Satin Hands Spa Treatment W/ Diane</p> <p>11:00 - 11:30 Forever Fun Fitness: Twist & Shout</p> <p>1:00 - 2:00 "The Price Is Right" Fan Club!</p>	<p>10:00 - 10:45 Come Write Letters to Loved Ones</p> <p>11:00 - 12:45 Gentlemen's Luncheon</p> <p>1:00 - 2:00 Nickle Treasure Chest BINGO</p> <p>6:00 The Oaks' Theater: Featuring a Romantic Comedy</p>	<p>10:00 - 10:30 Come Discuss Current Events in the TV Room</p> <p>11:00 - 12:00 Singing W/ Liberty Campus Surf</p> <p>2:30 - 3:00 "Take a Hike" Walking Club</p> <p>7:30 Late Night Snack</p>
16	17	18	19
<p>10:00 - 11:00 Come Play Rummikub in the Activity Room</p> <p>10:00 - 11:00 Chatting W/ Chaplain Dodie</p> <p>1:00 - 2:00 Birthday Celebrations W/ Glenda & Friends</p> <p>2:00 - 3:00 Gospel Sing-Along W/ Ann!</p>	<p>10:00 - 10:30 Forever Fun Fitness: Stretch & Strengthen</p> <p>11:00 - 11:30 Magazine Madness</p> <p>1:00 - 2:00 Scenic Driving Tour of Lynchburg W/ Staci!</p>	<p>10:00 - 10:45 Happy Hands Moisturizing & Massage</p> <p>11:00 - 12:45 Let's Have Lunch Together!</p> <p>1:00 - 2:00 BINGO Fun W/ Friends</p> <p>6:00 It's a Date! - Late Night Matinee W/ Munchies</p>	<p>10:00 - 11:00 Morning Crossword Puzzle in the Activity Room</p> <p>11:00 - 12:00 Singing W/ Liberty Campus Surf</p> <p>1:30 - 2:30 Chat W/ Friends in the TV Room</p> <p>6:00 - 7:00 Nifty Knitting & Crochet Club</p>
23	24	25	26
<p>10:00 - 11:00 Come Play "Are You Smarter Than a 5th Grader?"</p> <p>10:00 - 11:00 Chatting W/ Chaplain Dodie</p> <p>1:30 - 2:00 "Take a Hike" Walking Club</p>	<p>10:00 - 10:30 Satin Hands Spa Treatment W/ Diane</p> <p>11:00 - 11:30 Forever Fun Fitness: Morning Yoga</p> <p>1:00 - 2:00 Joyful Reflections: Favorite Childhood Memories</p>	<p>10:00 - 10:45 Karaoke Sing-A-Long!</p> <p>11:00 - 12:45 Ladies' Choice Lunch Outing!</p> <p>1:00 - 2:00 Fresh Fruit BINGO</p> <p>6:00 Friday Night Film W/ Food & Friends</p>	<p>10:00 - 11:00 Let's Work a Puzzle</p> <p>11:00 - 12:00 Singing W/ Liberty Campus Surf</p> <p>1:00 - 2:00 Let's Play Checkers in the Activity Room</p> <p>7:30 Late Night Snack</p>
30	31		
<p>10:00 - 11:00 "The Price Is Right" Fan Club!</p> <p>10:00 - 11:00 Chatting W/ Chaplain Dodie</p> <p>1:00 - 2:00 Polished to Perfection: Spa Manicures</p>	<p>10:00 - 10:30 Forever Fun Fitness: Toning Muscles</p> <p>11:00 - 11:30 Rock & Talk: Lemonade on the Front Porch</p> <p>1:00 - 2:00 Come Make a Strike at The Oaks' Bowling Alley!</p>		 <p>HAPPY MOTHER'S DAY</p>

May 2012

Easter Party to Remember!



Getting to know the Easter Bunny!

The Easter Bunny hopped into The Oaks' Easter celebration and gave candy filled eggs and hugs to the residents. Her arrival was a wonderful surprise to all! Residents played Easter games like guessing the about of jelly beans in a large jar and joining in a rendition of "Here Comes Peter Cottontail."

We all would like to give a special thanks to our friends Brenda, Deborah and Sarah for all their help in organizing this event!

Be sure to check the May calendar for upcoming events such as the "Mexican Fiesta Night" on Cinco de Mayo and the "Mother's Day Social" on Sunday, May 13.

Afternoon Tea Party

Residents enjoyed an afternoon tea at three o'clock on Easter Sunday. Hot tea along with scones, fruit-filled pastries, pecan divinities, and fudge brownies were served on the Oaks' Sun Porch. Each lady (and gentleman) was served tea in a unique, hand-painted China cup and stayed to leisurely chat and while away the afternoon with friends.

Be sure to check the calendar for upcoming socials such as "Laughin' W/ The Ladies Over Hot Chocolate," "Ladies' Morning Tea Time," "Reminisce Favorite Fashions Over Hot Tea & Pastries," and "Rock & Talk: Lemonade on the Front Porch."



Afternoon Tea on the Sun Porch with Friends!