



Spring Arbor of Raleigh

Residential Assisted Living



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May 2012

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Face Painting

Our residents enjoyed "Good Friday." Celebrating with community youth and volunteers. Face Painting, Easter egg hunt and Gospel Jazz concert. Many smiles throughout the day.



Hospitable Quote

"You are as welcome as the flowers in May." —Charles Macklin



Happy Birthday

May 2012
 5th Pearl Hicks
 28th Micheal Foster

Welcome New Residents

Spring Arbor Welcome
 Mrs. Annie Hawkins

Volunteer Corner






Our Volunteer Family



Just for Fun

A Smile Is the Universal Welcome

Sunday	Monday	Tuesday
 Mother's Day	MEMORIAL DAY 	<p>1</p> <p>9:15 Chair Arm Exercise-AR 10:00 E-Z Crafts-AR 11:00 Price Is Right-SR 1:30 Crossword Puzzles-AR 2:30 Pokeno-AR 3:30 Afternoon Fitness-AR</p> <p>Happy Birthday Pearl Hicks</p>
<p>6</p> <p>9:30 Morning Worship-SR Rev. Hunt 10:30 Puzzling Minds-AR 1:30 Gospel Sing Along-AR The Winsteads 2:00 Ice Cream Sundaes-AR</p>	<p>7</p> <p>9:15 Parachute Fitness-AR 9:30 Current Events-AR 10:00 Coffee Break-DR 10:30 Paper Crafts-AR 11:00 Price Is Right-SR 1:30 Connect Four-AR 2:30 Card Games-AR 3:30 Afternoon Fitness-AR 7:00 Bingo/Tammy</p>	<p>8</p> <p>9:15 Chair Yoga-AR 10:00 Quilting Club-AR 11:00 Price Is Right-SR 1:30 Garden Club-AR 2:30 Pie Social-DR 3:30 Name That Tune-AR</p>
<p>Mother's Day</p> <p>13</p> <p>9:30 Morning Worship-SR Rev. Hunt 1:30 Gospel Sing Along-AR The Winsteads 2:00 Sunday Sundaes-AR</p>	<p>14</p> <p>9:15 Morning Fitness-AR 9:30 Short Stories-AR 10:00 Coffee Break-DR 11:00 Price Is Right-SR 1:30 Floral Designs-AR 2:30 Ceramics-AR 3:30 Afternoon Fitness-AR 7:00 Bingo/Tammy</p>	<p>15</p> <p>9:15 Chair Yoga-AR 10:00 Scrapbooking-AR 11:00 Price Is Right-SR 1:30 Baking 101-CK 2:30 Poetry Reading-AR 3:30 Afternoon Fitness-AR</p>
<p>20</p> <p>9:30 Morning Worship-SR Rev. Hunt 1:30 Gospel Sing Along-AR The Winsteads 2:00 Sunday Sundaes-AR 3:00 Afternoon Worship Malby's Crossroads SR</p>	<p>21</p> <p>9:15 Morning Fitness-AR 9:30 Pen Pals-AR 10:00 Coffee Break-DR 10:30 E-Z Art Designs-AR 11:00 Price Is Right-SR 1:30 Garden Club-AR 2:30 Music Trivia-AR 3:30 Afternoon Fitness-AR 7:00 Bingo/Tammy</p>	<p>22</p> <p>9:15 Wii Fitness-AR 10:00 Crafts-AR 11:00 Price Is Right-SR 12:00 Durham Bulls Game-SU 1:30 Trivia Plus-AR 2:30 Floral Designs-AR 3:30 Cocktail Hour-AR</p>
<p>27</p> <p>9:30 Morning Worship-SR Rev. Hunt 1:30 Gospel Sing Along-AR The Winsteads 2:00 Sunday Sundaes-AR</p>	<p>Memorial Day</p> <p>28</p> <p>9:15 Morning Fitness-AR 9:30 History Trivia-AR 10:00 Coffee Break-DR 11:00 Price Is Right-SR 1:30 Puzzling Minds-AR 2:30 Afternoon Social-DR 3:30 Afternoon Fitness-AR 7:00 Bingo/Tammy-DR</p> <p>Happy Birthday Micheal Foster</p>	<p>29</p> <p>9:15 Ring Toss Fitness-AR 10:00 Bag Designs-AR 11:00 Price Is Right-SR 1:30 Table Games-AR 2:30 Pen Pals-AR 3:30 Lemonade Social-DR</p>

Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>9:15 Sittercise-AR 9:30 Headline News-AR 10:00 Bead Crafts-AR 11:00 Lunch Outing-MIMI's Cafe-SU 1:30 Poetry Reading-AR 2:00 Cash Bingo-DR 3:30 Glass Art-AR</p>	<p>3</p> <p>9:15 Fitness-Yoga-AR 10:00 Glamour Nails-AR 11:00 Price Is Right-SR 1:30 Buzzword Games-AR 2:30 Afternoon Social Hour-AR 3:30 Quilting Club-AR 6:15 Healing Touch-SR</p>	<p>4</p> <p>9:15 Morning Walk 9:30 Shopping Wal-mart-SU 10:00 Movie/Popcorn-AR 11:00 Price Is Right-SR 1:30 Table Games-AR 2:30 Cinco De Mayo Party-AR</p>	<p>5</p> <p>Cinco De Mayo</p> <p>10:00 Morning Worship-AR Philippian Community Church 2:00 Bingo/Betty-DR 3:00 Afternoon Worship-SR Upper Room</p>
<p>9</p> <p>9:15 Sittercise-AR 9:30 Headline News-AR 10:00 Yard of the Month Cruise-SU 11:00 Price Is Right-SR 1:30 Knitting Class-AR 2:00 Cash Bingo-DR 3:00 Bible Study-SR Tree of Righteousness Min.</p>	<p>10</p> <p>9:15 Fitness-AR 10:00 Happy Nails-AR 11:00 Price Is Right-SR 1:30 Taboo-AR 2:00 Prayer Warriors-SR 3:30 Karaoke-AR</p>	<p>11</p> <p>9:15 Morning Walk 9:30 Shopping Dollar Store Six Forks Rd-SU 10:00 Movie/ Popcorn-AR 1:30 Simple Crafts-AR 2:30 Mother's Day Tea-DR</p>	<p>12</p> <p>10:00 Music W/Don-SR 2:00 Bingo W/ Betty-DR</p>
<p>16</p> <p>9:15 Sittercise-AR 9:30 Headline News-AR 10:00 Crafts-AR 11:00 Lunch Outing-SU 1:30 Taboo-AR 2:00 Cash Bingo-DR 3:30 Afternoon Fitness-AR</p>	<p>17</p> <p>9:15 Fitness-Yoga-AR 10:00 Glamour Nails-AR 11:00 Price Is Right-SR 1:30 Simple Art-AR 2:30 R/C Meeting-DR 3:30 Social Hour-AR 6:15 Healing Touch-SR</p>	<p>18</p> <p>9:15 Lower Body Fitness-AR 9:30 Shopping Target-SU North Hills 10:00 Word Search-AR 11:00 Price Is Right-SR 1:30 Paper Crafts-AR 2:30 Birthday Party-DR</p>	<p>19</p> <p>10:00 Puzzling Minds-AR 2:00 Bingo W/Betty-DR 3:30 Movie W/Popcorn-AR</p>
<p>23</p> <p>9:15 Sittercise-AR 9:30 Chicken Soup Reading-AR 10:00 Scrapbooking-AR 11:00 Yard of the Month Cruise-SU 1:30 Word Search-AR 2:00 Cash Bingo-Dr 3:00 Bible Study-SR Tree of Righteousness</p>	<p>24</p> <p>9:15 Yoga-AR 10:00 Happy Nails-AR 11:00 Price Is Right-SR 1:30 Out Burst Game-AR 2:00 Prayer Warriors-SR 3:30 Card Games-AR 6:00 Senior Prom</p>	<p>25</p> <p>9:15 Chair Dance-AR 9:30 Shopping Trip-SU Roses Cary 10:00 Word Search-AR 11:00 Price Is Right-SR 1:30 Crafts-AR 2:30 Happy Hour-DR</p>	<p>26</p> <p>10:00 Table Games-AR 2:00 Bingo-DR</p>
<p>30</p> <p>9:15 Sittercise-AR 9:30 Headline News-AR 10:00 Fabric Crafts-AR 11:00 Lunch Outing-SU 11:00 Price Is Right-AR 1:30 Crossword-AR 2:00 Cash Bingo-DR 3:30 Afternoon Cruise-SU</p>	<p>31</p> <p>9:15 Parachute Fitness-AR 10:00 Glamour Nails-AR 11:00 Price Is Right-SR 1:30 Checkers-AR 2:30 Root Beer Floats-AR 3:30 Karaoke-AR</p>	<p>May </p>	<p>All Activities Are Subject to Change</p>

May 2012

Resident of the Month May 2012



Lillian Glover

Ms. Lilian Glover
DOB: 10-27-34
Place of Birth: Dunn, NC
Family: Two Daughters/One Sister/One Brother
College: Holden Tech 1970
Occupation: Nursing Assistant 20 years of service
Wake Med
Hobbies: Shopping, Traveling and being with people
Years At Spring Arbor: 5 years

Love, the Greatest Medicine in the World

Tom and Connie Hunter met over 50 years ago as college students. Mr. Hunter states, "It was love at first sight." Mrs. Hunter is now a resident at Spring Arbor.

Mr. Hunter visits almost daily; he has meals with his wife and takes her out on family trips and other special events.

At the Valentine party Mr. Hunter reassured his wife of his Love with a wonderful song on one knee. **Love Is the best Medicine.**

Married 50 years!

Children: Four daughters

Grandchildren: 13



Love Always, Tom & Connie Hunter