



Spring Arbor of Rocky Mount- The Cottage



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Administrative Staff

Executive Director Debbie Hamiel
Res. Care Coordinator
Cottage Care Coordinator Idexter Joyner
Business Office Manager Sue Jefferys
Activity Director Darlene Moore
Food Service Manager Cynthia Battle
Maintenance Director Dennis Bunn



May 2012



Remember MOM



Anna from United Hospice, created bird feeders with toilet paper rolls, peanut butter and bird seeds. Bird feeders were placed on tree branches for a treat. Good job, ladies!



Residents' Birthdays

Mary S. 5/22
 Norma 5/24
 Hanna 5/26

Happy Birthday to You

Joann 5/19

Activity Highlights

5/2 Pictures at the City Lake
 5/11 Create your own Mother's Day strawberry short cake
 5/13 Root beer floats
 5/25 Homemade pizza and drinks
 5/28 Memorial Day cookout



Memorial Day May 28

A day of remembrance for those who died in our nation's service.

Positive Thought

"You can turn off the sun, but I'm still gonna shine." —Jason Mraz

Sunday	Monday	Tuesday
		1 9:30am Nature Walk 10am Refreshments W/reminisce Time 2pm Banana Bingo 3pm Manicures
6 10am Devotion Family and Friends Visit	7 9:30am Exercise 10am Refreshments W/Makeovers 11am Van Ride If Weather Permits 2pm Soft Music 3pm Treat Yourself	8 9:30am Nature Walk 10am Refreshments W/reminisce Time 2pm Banana Bingo 3pm Manicures
13 Happy Mother's Day 10am Devotion Family and Friends Visit	14 9:30am Exercise 10am Refreshments W/makeovers 11am Van Ride 2pm Soft Music 3pm Treat Yourself	15 9:30am Nature Walk 10am Refreshments W/reminisce Time 2pm Banana Bingo 3pm Manicures
20 10am Devotion Family and Friends Visit	21 9:30am Exercise 10am Refreshments W/makeovers 11am Van Ride 2pm Soft Music 3pm Treat Yourself	22 9:30am Nature Walk 10am Refreshments W/Reminisce Time 2pm Banana Bingo 3pm Manicures
27 10am Devotion Family and Friends Visit	28 9:30am Exercise 10am Refreshments W/makeovers 11am Cooking Out for Memorial Day for Staff and Residents 3pm Soft Music and Treats	29 9:30am Nature Walk 10am Refreshments W/reminisce Time 2pm Banana Bingo 3pm Manicures 6:30-7:30pm Promise Land Ministry

Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>9:30am Exercise</p> <p>10am Flower Arrangements</p> <p>11am Price Is Right</p> <p>2pm Balloon Ball</p> <p>3pm Snacks and Chat</p>	<p>3</p> <p>9:30am Nature Walk</p> <p>10am Story Time</p> <p>10:30am Hey!! It's Make-a-Dish Day</p> <p>2pm Scrap Booking</p> <p>3pm Let's Have Cookies and Milk</p>	<p>4</p> <p>9:30am Exercise</p> <p>10:30 Fingers and Hand Massage</p> <p>2pm Relaxing Music</p> <p>3pm Social Hour</p>	<p>5</p> <p>9:30am Nature Walk</p> <p>10am Juice Club</p> <p>2pm Movie and Popcorn</p> <p>4pm Relaxing Music</p> <p>7pm TV Game Shows</p>
<p>9</p> <p>9:30am Exercise</p> <p>10am Flower Arrangements</p> <p>11am Price Is Right</p> <p>2pm Balloon Ball</p> <p>3pm Snacks and Chat</p>	<p>10</p> <p>9:30am Nature Walk</p> <p>10am Story Time</p> <p>10:30am Hey!! It's Make-a-Dish Day</p> <p>2pm Scrap Booking</p> <p>3pm Ice Cream Social</p>	<p>11</p> <p>9:30am Exercise</p> <p>10:30am Facial Massage</p> <p>2pm Fruit Bingo</p> <p>3pm Relaxing Music</p>	<p>12</p> <p>9:30am Nature Walk</p> <p>10am Juice Club</p> <p>2pm Movie and Popcorn</p> <p>4pm Relaxing Music</p> <p>7pm TV Game Shows</p>
<p>16</p> <p>9:30am Exercise</p> <p>10am Music Therapy</p> <p>11am Price Is Right</p> <p>2pm Balloon Ball</p> <p>3pm Snacks and Chat</p>	<p>17</p> <p>9:30am Nature Walk</p> <p>10am Story Time</p> <p>10:30am Hey!! It's Make-a-Dish Day</p> <p>2pm Scrap Booking</p> <p>3pm Popsicles in the Court Yard</p>	<p>18</p> <p>9:30am Exercise</p> <p>10am Fingers and Hand Massage</p> <p>2pm Flower Arrangements</p> <p>3pm Banana Splits</p>	<p>19</p> <p>9:30am Nature Walk</p> <p>10am Juice Club</p> <p>2pm Movie and Popcorn</p> <p>4pm Relaxing Music</p> <p>7pm TV Game Shows</p>
<p>23</p> <p>9:30am Exercise</p> <p>10am Music Therapy</p> <p>11am Price Is Right</p> <p>2pm Balloon Ball</p> <p>3pm Snacks and Chat</p>	<p>24</p> <p>9:30am Nature Walk</p> <p>10am Story Time</p> <p>10:30am Hey!! It's Make-a-Dish Day</p> <p>2pm Picture This Puzzle</p> <p>3pm Drinks and Chips</p>	<p>25</p> <p>9:30am Exercise</p> <p>10:30am Fingers and Hand Massage</p> <p>2pm Outdoor Milk Shakes What's Your Favor</p> <p>4pm Dinner Music</p>	<p>26</p> <p>9:30am Nature Walk</p> <p>10am Juice Club</p> <p>2pm Movie and Popcorn</p> <p>4pm Relaxing Music</p> <p>7pm TV Game Shows</p>
<p>30</p> <p>9:30am Exercise</p> <p>10am Making Bird Feeders</p> <p>11am Price Is Right</p> <p>2pm Balloon Ball</p> <p>3pm Snacks and Chat</p>	<p>31</p> <p>9:30am Nature Walk</p> <p>10am Story Time</p> <p>10:30am Hey!! It's Make-a-Dish Day</p> <p>2pm Bean Bag Toss</p> <p>3pm Let's Have Cookies and Milk</p>		

May 2012

Easter Egg Hunt Gathering



Cottage family

We all gathered together to show off the eggs that were found. How excited we all were about the large eggs and the pretty colors on them. Some of us held our eggs up to show them off. After the hunt, we all had treats to eat and drink. Some of the family members came out; they assisted with the egg hunt and snacks. I hope everyone had a wonderful time. See you all back at our next gathering. Look for the highlights in our cottage newsletter.

The Lamplighters

The Lamplighters came back!! The house was full of nothing but fun, laughter and lots of dancing. (RA) Linda, who's new to our cottage family gave a little smile. This is her first Lamplighter dance. Hey! Linda, you didn't know we have this much fun! The residents were having the time of their lives!



St. Patrick's Day Spring Dance