



# Spring Arbor of Wilmington Residential Assisted Living



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## Spring Arbor of Wilmington Administrative Staff

Loretta Thomas ..... Executive Director  
wlexecdirector@hhhunt.com  
Penny Magee ..... Activity Director  
Andrea Swinson ..... Resident Care Coordinator  
wlrcc@hhhunt.com  
Janis Sidberry ..... Business Office Manager  
wlbom@hhhunt.com  
Anita Riddy ..... Food Service Manager  
John Wresics ..... Maintenance Director



### Community Bingo Door Prize Winner!

Viola and guest, Rose, enjoy a free meal sponsored by Anita Riddy once a month.

### Mother & Daughter Brunch

Our Annual Mothers & Daughters Brunch will be held on May 12 at 2 p.m. in our Sunroom.

Please RSVP to Penny at 910-799-4999.

May 2012



Above: Girl Scout Troop 282 shared Girl Scout cookies and drinks.

Below: Fred with his daughter and son.



# Happy Birthday

## Resident Birthdays

13th Joe Peters  
 14th Elisea Bethea  
 27th Mary Walden

## Staff Birthdays

20th Amanda Bellany  
 26th Tasha Williams  
 29th Ebony Prentice  
 30th Marcelya Mc Cullough

# Happy Anniversary

## Resident Anniversaries

1yr. Norman Beard  
 1yr. Marian Hawes  
 2yrs. Rae Barkley  
 4yrs. Matherine Benbow  
 5yrs. Elizabeth Watson

## Staff Anniversaries

8yrs. Andrea Swinson  
 13yrs. Margery Barden

# Welcome New Residents

Alice Gosstyla



Breakfast at IHOP with our Men's Group

| Sunday   | Monday   | Tuesday  |
|--|--|--|
|  |  | 1<br><u>Asian/Pacific American Heritage Month</u><br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11:30-12pm Humor Page<br>2pm-3pm Resident Council Meeting<br>3:30pm-5pm Kit Kat Bingo                         |
| 6<br><u>National Nurses Week (6-12)</u><br>8am-10am Walking<br>9:15am-10am Myrtle Grove Baptist Church<br>2pm-3pm Root Beer Floats<br>3pm-4:30pm Rummy Card Game   | 7<br>Gary Cooper's Birth Anniversary (1901)<br>8am-10am Walking<br>10am-11am Krispy Kreme<br>11am-12pm New Word Game<br>2pm-3pm Match Game<br>3pm-4pm Candy Bingo<br>6:15pm-7:30pm Rummy Card Game                 | 8<br><u>World Red Cross Red Crescent Day</u><br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11:30am-12pm Weight Training<br>2pm-3:30pm Ross Department Store<br>4pm-5pm Arthur & Barbara Sing Along            |
| 13<br><u>Mother's Day</u><br>8am-10am Walking<br>9:15am-10am Myrtle Grove Baptist Church<br>2:30pm-3:30pm Cake & Coffee  | 14<br><u>Smallpox Vaccine Discovered (1796)</u><br>8am-10am Walking<br>10am-11am Body Toning<br>11am-12pm Balloon Volley Ball<br>2pm-3:30pm Video<br>2pm-4:15pm Moose Lodge Bingo<br>4:30pm-5pm Tell a Joke or Two | 15<br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11:30am-12pm Trivia<br>2pm-3:30pm Resident Bingo<br>2pm-3:30pm Community Bingo<br>4pm-5pm Guesstures   |
| 20<br><u>First Solo Transatlantic Flight Anniversary (May 20-21, 1927)</u><br>8am-10am Walking<br>9:15am-10:30am Bible Study W/ Ann Synder<br>2:30pm-3:30pm Chocolate Cream Pie Social<br>3:30-4:30pm Linda's Sing Along | 21<br>8am-10am Walking<br>10am-11am Scarf Exercise<br>11am-1:30pm Front Street Picnic<br>2pm-3pm Match Game<br>3pm-4:30pm Banana Bingo<br>4:30pm-5pm Who Am I ?  | 22<br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11am-1pm Longhorn Restaurant<br>2pm-3pm Prize Is Right<br>3pm-4pm Cookie Bingo<br>4:30pm-5pm Chinese Checkers  |
| 27<br><u>Golden Gate Bridge Opened (1937)</u><br>8am-10am Walking<br>9:15am-10am Myrtle Grove Baptist Church<br>2pm-3pm Bible Study W/ Dan   | 28<br><u>Memorial Day</u><br><u>Ian Fleming's Birth Anniversary (1908)</u><br>8am-10am Walking<br>10am-11am Find & Seek<br>11am-12pm Puzzles<br>2pm-3pm Memory Game<br>4pm-5pm Tic Tac Toe                         | 29<br><u>Bob Hope's Birth Anniversary (1903)</u><br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11:30am-1pm Mc Donald's<br>2pm-3pm Baking W/ Penny<br>3pm-4pm Culture Hour/ Kentucky<br>4pm-5pm Picture Trivia |

| Wednesday  | Thursday   | Friday   | Saturday  |
|--|--|--|---|
| 2<br><br>8am-10am Walking<br>10am-12pm Walmart Shopping<br>2pm-3pm Baking W/ Penny<br>3pm-4pm Men's Club<br>4pm-5pm Garden Club  | 3<br><br><u>Bing Crosby's Birth Anniversary (1903)</u><br><u>National Day of Prayer</u><br><br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11:30pm-1pm Taco Bell<br>2pm-3pm Wii-Bowling<br>3pm-5pm Sassy Nails | 4<br><br><u>International Firefighters' Day</u><br><br>8am-10am Walking<br>10am-11am Body Toning<br>11am-12pm Name That Song<br>2pm-3:30pm Arts & Crafts<br>3:30pm-5pm Quarter Bingo                             | 5<br><br><u>Cinco de Mayo (Mexico)</u><br><br>8am-10am Walking<br>10:30am-11am Mexican Bingo<br>2pm-3:30pm Cinco de Mayo Celebration<br>3:30pm-5pm Movie & Popcorn                                  |
| 9<br><br><u>British Capture German Enigma Machine (1941)</u><br><br>8am-10am Walking<br>10am-12pm Walmart Shopping<br>2pm-3pm Men's Club<br>3pm-4pm Horse Shoes<br>4pm-5pm Arts & Crafts     | 10<br><br><u>Fred Astaire's Birth Anniversary (1899)</u><br><br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11am-1pm Golden Corral Restaurant<br>2pm-3pm Lawn Darts<br>3:30pm-5pm Sassy Nails                  | 11<br><br><u>Irving Berlin's Birth Anniversary (1888)</u><br><br>8am-10am Walking<br>10am-11am Myrtle Grove Library<br>11am-12pm Bulletin Board Trivia<br>2pm-3pm Butterbean Auction<br>3:30pm-5pm Quarter Bingo | 12<br><br><u>National Nutty Fudge Day</u><br><br>8am-10am Walking<br>10am-11am Puzzles<br>2pm-3:30pm Mother and Daughter Brunch<br>4pm-5:30pm Movie / Mother  |
| 16<br><br>8am-10am Walking<br>10am-12pm Walmart Shopping<br>2pm-3:30pm Men's Club<br>3:30pm-4:30pm Baseball<br>4:30pm-5pm Remember 1925  | 17<br><br><u>First Kentucky Derby Running (1875)</u><br><br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11:30am-12pm Weight Training<br>2pm-3pm Kentucky Derby Race<br>3:30pm-5pm Sassy Nails                  | 18<br><br>8am-10am Walking<br>10am-11am Krispy Kreme Donut<br>11am-12pm New Word Game<br>2pm-3:30pm Wii-Bowling Vs Cedar Cove<br>3:30pm-4:30pm Quarter Bingo<br>4:30pm-5pm Fill in the Lyric                     | 19<br><br><u>Armed Forces Day</u><br><br>8am-10am Walking<br>10:30am-12pm Bingo / Penny<br>2pm-3pm Crossword Puzzle<br>4pm-5pm Checkers   |
| 23<br><br><u>Rosemary Clooney's Birth Anniversary (1928)</u><br><br>8am-10am Walking<br>10am-12pm Walmart Shopping<br>2pm-3pm Men's Club<br>3pm-4pm Chinese Checkers<br>4pm-5pm Zoo Bloopers | 24<br><br><u>Baseball First Played Under Lights (1935)</u><br><br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11:30am-12pm Balloon Volleyball<br>2pm-3pm Wii- Bowling<br>3:30pm-5pm Sassy Nails                | 25<br><br><u>National Missing Children's Day</u><br><br>8am-10am Walkin<br>10am-11:30am Mystery Ride<br>2pm-3pm Welcome New Resident Social<br>3pm-4pm Quarter Bingo<br>4pm-5pm Family Feud                      | 26<br><br><u>John Wayne's Birth Anniversary (1907)</u><br><u>Sally Ride's Birthday (1951)</u><br><br>8am-10am Walking<br>10am-11am Yard Sale Sailing<br>11am-12pm Puzzles<br>2pm-3:30pm Elvis Video |
| 30<br><br><u>Benny Goodman's Birth Anniversary (1909)</u><br><br>8am-10am Walking<br>10am-12pm Walmart Shopping<br>2pm-3pm Birthday Bash<br>3pm-4pm Sing Along<br>4pm-5pm Water Balloon Toss | 31<br><br><u>World No-Tobacco Day</u><br><br>8am-10am Walking<br>10am-11:15am Devotion W/ Roy<br>11:30am-12pm Pass the Ball<br>2pm-3:30pm Cardinal Lanes Bowling<br>3:30pm-5pm Sassy Nails                             |  |   |

# May 2012

## Resident in the Spotlight



Mary Catherine Walden

Mary Catherine Walden has lived almost her entire life in Wilmington, NC.

Mary was a beautician at the classy Vogue Beauty Shop. It was the place to go for all of Wilmington elite back in the 1940's-1960's. There are stories she could tell that would amaze you.

Mary was married to Deacon Walden for many years, and they had two sons. Mary also has three grandchildren and one great-granddaughter. She's is a life-long member and the longest member of First Baptist Church.

Mary enjoys reading the newspaper, *The Enquirer*, and other magazines about the rich and famous. She loves old movies on her TV.

## Employee in the Spotlight



Andrea Swinson

Andrea Swinson is our Resident Care Coordinator. Andrea will be celebrating her 8th year anniversary this month as an employee of Spring Arbor.

Andrea is married to Dock Swinson and they have five children: Bianca, Taneal, Kaylor, Jalil and Kiaira (who's pictured with her). Andrea loves to read, sew and entertain staff on occasion. Being the RCC takes a lot of work and she is always up to the task! Congratulations, Andrea, and keep up the good work!!!