



Spring Arbor of Wilson Residential Assisted Living



2045 Ward Blvd., NW • Wilson, NC 27893
phone: (252) 234-2100 • fax: (252) 234-7901



May 2012

Spring Arbor Staff Directory

Executive Director Yvette Bottoms

wsexecdirector@hhhunt.com

Resident Care Director Dorothy Burns

wsresidentcare@hhhunt.com

Business Office Manager Donna Dawson

wsbom@hhhunt.com

Activity Director Sonja Stone

Food Service Director Barbara Jefferson

Housekeeping Supvr. Mattie Scarrboro

Maintenance Director Steve Eatman

Easter Bunnies Bring Treats



L to R: Emoni Medina, daughter of staff member Janita Middleton, R. A., and Jakari Pettawy, son of staff member Aretha Pettaway, Med Tech, came to the Easter Party and brought treats for all the residents. They brought eggs they had made to give to everyone.

May Is for Moms

Tell all the mothers you know "Happy Mother's Day" on Sunday, May 13.

EVERYONE HAD FUN AT EASTER PARTY



Residents Donned Easter Bonnets and Had a Parade

The Easter Party was a lot of fun for everyone. We started out with an Easter Parade. We all sang "Easter Parade" and "Here Comes Peter Cottontail" while marching up and down the halls and leading up to the party in the dining room added to the fun. The dining room was decorated with Easter bunnies in a handmade bag centering the tables. Peggy Ellis donated the handmade bags and Christine Barnes and Jean Walston donated the bunny rabbits. Janet Williams assisted in serving. Games were played and door prizes were awarded.

It was a fun party and everyone had a wonderful time.

Meal Times:

Continental 7:30 a.m.
 Full Breakfast 8 a.m.
 Lunch Noon
 Dinner 5 p.m.

Calendar Subject to Change

Calendar Key

A Activity Room
 D Dining Room
 L Library
 LR Living Room
 S Sun Room

HAPPY BIRTHDAY

Residents:

Geraldine Sanders May 8
 Rena Dawson May 10
 Esther Wells May 10
 Rochelle Williams May 10
 Margie Pittman May 11
 Wytonnia Boyette May 28
 Mervis Rowe May 28
 Elizabeth Beaman May 31

Staff:

Brenda King May 14
 Wanda Batts May 26

ACTIVITY HIGHLIGHTS

Mother's Day Luncheon May 11
 Happy Mother's Day May 13
 Trip to Virginia Beach for Cruise May 16
 Birthday Party May 23
 Memorial Day Holiday May 28

Indy 500

"The Greatest Spectacle in Racing" takes place in Indianapolis on May 27.

Sunday	Monday	Tuesday
		1 10:00-10:30 Strength Training A 10:30-11:00 Stretch A 11:00-11:45 Inspiration A 2:30-3:30 Bingo D 6:00-7:00 Otto Griffin Church A
6 9:00-10:00 Sunday School S 2:00-2:30 Lemonade S 2:30-3:30 Tabernacle Baptist Church-Music A	7 10:00-10:30 Muscle Strength Building A 10:30-11:00 Morning Stretch A 3:00-4:00 Music W/Jarrold A	8 10:00-10:30 Strength Training A 10:30-11:00 Stretch A 11:00-11:45 Inspiration A 2:30-3:30 Bingo D 6:30-7:30 Christian Life Fellowship A
13 9:00-10:00 Sunday School S 1:30-2:30 Otto Griffin Church A 2:00-2:30 Lemonade S 2:30-3:30 Tabernacle Baptist Church-Music A	14 10:00-10:30 Muscle Strength Building A 10:30-11:00 Morning Stretch A 3:00-4:00 Bowling A	15 10:00-10:30 Strength Training A 10:30-11:00 Stretch A 11:00-11:45 Inspiration A 2:30-3:30 Bingo D 6:30-7:30 Music W/Kangaroo Gang A
20 9:00-10:00 Sunday School S 2:00-2:30 Ice Cream DR 2:30-3:30 Tabernacle Baptist Church-Music A	21 10:00-10:30 Muscle Strength Building A 10:30-11:00 Morning Stretch A 3:00-4:00 Resident Council Meeting A	22 10:00-10:30 Strength Training A 10:30-11:00 Stretch A 11:00-11:45 Inspiration A 2:30-3:30 Bingo D
27 9:00-10:00 Sunday School S 2:00-2:30 Ice Cream DR 2:30-3:30 Tabernacle Baptist Church-Music A	28 10:00-10:30 Muscle Strength Building A 10:30-11:00 Morning Stretch A 3:00-4:00 Music W/Carol & Kelly A 6:30-7:30 Music W/Kangaroo Gang A	29 10:00-10:30 Strength Training A 10:30-11:00 Stretch A 11:00-11:45 Inspiration A 2:30-3:30 Bingo D

Calendar of Events

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">2</p> <p>10:00-10:30 Building Muscles A 10:30-11:00 Stretch A 3:00-4:00 Arts & Crafts 6:00-7:00 Whit Oak Hill Church Youth A</p>	<p style="text-align: right;">3</p> <p>10:00-10:30 Fitness Training A 11:00-12:00 Nails A 1:30-2:30 Music W/Bobby & Jean A 6:00-7:00 Bluegrass Music A</p>	<p style="text-align: right;">4</p> <p>10:00-10:30 Muscles in Motion A 11:00-11:45 Bible Study S 2:00-3:00 Bingo D 3:00-4:00 Social D</p>	<p style="text-align: right;">5</p> <p>10:00-10:30 Pacesetters A 11:00-11:45 Games LR 2:00-4:00 Movie Matinee LR 6:00-7:00 Music W/Oliver A</p>
<p style="text-align: right;">9</p> <p>10:00-10:30 Building Muscles A 10:30-11:00 Stretch A 11:00-11:45 Music Ministry A 3:00-4:00 Bowling A 6:00-8:00 Card Games W/Dorothy LR</p>	<p style="text-align: right;">10</p> <p>10:00-10:30 Fitness Training A 11:00-12:00 Nails A 1:30-2:30 Music W/Bobby & Jean A 6:00-8:00 Board Games LR</p>	<p style="text-align: right;">11</p> <p>10:00-10:30 Muscles in Motion A 11:00-11:45 Bible Study S 11:45-1:00 Mother's Day Luncheon DR 2:00-3:00 Bingo D 3:00-4:00 Social D</p>	<p style="text-align: right;">12</p> <p>10:00-10:30 Pacesetters A 11:00-11:45 Games LR 2:00-4:00 Movie Matinee LR 6:00-7:00 Music W/Ray & Juanita A</p>
<p style="text-align: right;">16</p> <p>TRIP TO VIRGINIA BEACH FOR CRUISE</p>	<p style="text-align: right;">17</p> <p>10:00-10:30 Fitness Training A 11:00-12:00 Nails A 1:30-2:30 Music W/Bobby & Jean A 6:00-8:00 Board Games LR</p>	<p style="text-align: right;">18</p> <p>10:00-10:30 Muscles in Motion A 11:00-11:45 Bible Study S 2:00-3:00 Bingo D 3:00-4:00 Social D</p>	<p style="text-align: right;">19</p> <p>10:00-10:30 Pacesetters A 11:00-11:45 Games LR 2:00-4:00 Movie Matinee LR 6:00-7:00 Music W/Ray & Juanita A</p>
<p style="text-align: right;">23</p> <p>10:00-10:30 Building Muscles A 10:30-11:00 Stretch A 3:00-4:00 Birthday Party D 6:00-8:00 Card Games W/Dorothy LR</p>	<p style="text-align: right;">24</p> <p>10:00-10:30 Fitness Training A 11:00-12:00 Nails A 1:30-2:30 Music W/Bobby A 6:00-7:00 Otto Griffin Church A</p>	<p style="text-align: right;">25</p> <p>10:00-10:30 Muscles in Motion A 11:00-11:45 Bible Study S 2:00-3:00 Bingo D 3:00-4:00 Social D</p>	<p style="text-align: right;">26</p> <p>10:00-10:30 Pacesetters A 11:00-11:45 Games LR 2:00-4:00 Movie Matinee LR 6:00-7:00 Music W/Bobby & Jean A</p>
<p style="text-align: right;">30</p> <p>10:00-10:30 Building Muscles A 10:30-11:00 Stretch A 3:00-4:00 Fun W/Pearl A 6:00-8:00 Card Games W/Dorothy LR</p>	<p style="text-align: right;">31</p> <p>10:00-10:30 Fitness Training A 11:00-12:00 Nails A 1:30-2:30 Music W/Bobby & Jean A 6:00-8:00 Board Games LR</p>		

May 2012

MAKING APPLE JACKS



Sarah Rose Dixon makes apples jacks while Mollie Denton looks on.

Residents tried their hand at rolling out dough for apple jacks recently when everyone gathered in the dining room for an afternoon tasty delight.

Dough was rolled out for filling with a delicious mixture of apples, cinnamon and sugar to put on the dough and folded over to seal and put into an electric frying pan to fry to a golden brown. Everyone had a problem waiting for the jacks to cool before tasting them. You could hear comments all over the room of "These are delicious." Christine Barnes, Jean Walston and Janet Williams came and assisted in making the jacks. Some residents ate three and four of the jacks! They declared they were the best they ever tasted. They are already looking forward to the next cooking class.

ST. PATRICK'S DAY PARTY



Everyone says the St. Patrick's Day Party was fun.

Gathering in the dining room for a party is almost a monthly ritual as we've celebrated each occasion. St. Patrick's Day was no exception. We sang Irish songs that everyone remembered.

Everyone donned hats with shamrocks and enjoyed a festive time of celebrating. We all look forward to each party.

We always like to thank our volunteers. They always help make our parties more enjoyable and add a lot to each one. Many, many thanks.