

# Caregiver Education Series

Sponsored by

Spring Arbor of Greensboro & Alzheimer's Association-Western Carolina Chapter

## Tuesday, September 12<sup>th</sup> 6pm

### *KNOW THE SIGNS. . . Early Detection Matters*

If you are someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection of Alzheimer's disease gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future. This interactive workshop features video clips of people with Alzheimer's disease.

## Tuesday, October 10<sup>th</sup> 6pm

### *The BASICS: Memory Loss, Dementia and Alzheimer's Disease*

Alzheimer's disease is not a normal part of aging. It is a progressive and fatal brain disease and the most common form of dementia. This program also provides information on detection, causes and risk factors, stages of disease, treatments and much more.

## Tuesday, November 14<sup>th</sup> 6pm

### *Understanding and Responding to Dementia Related Behavior*

This program will help caregivers decipher behaviors and determine how to best respond. The program offers a four-step process and provides details that may be applied to any behavior. The goal is to have the participant comfortable with the model to intervene with behaviors they may encounter in their caregiving.

## Tuesday, December 5<sup>th</sup> 6pm

### *Caregiving During the Holidays*

This Seminar discusses the unique challenges caregivers may face during the holidays, as well as how to make the holidays easier through preparation and understanding. Includes tips on how to care for the visiting person with dementia. Includes tips on how to care for the caregiver if you are household with a dementia.

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[www.springarborliving.com](http://www.springarborliving.com)

*\*All Classes will be held at Spring Arbor of Greensboro located at 5125 Michaux Road in the Sun room*

