



SPRING ARBOR SENIOR LIVING

5125 Michaux Road • Greensboro, NC 27410
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July 2018



Management Team

- *Executive Director*
Sharon Vroom
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- *Resident Care Coordinator*
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- *Cottage 1 Coordinator*
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- *Cottage 2 Coordinator*
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- *Marketing Director*
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- *Community Relations Liaison*
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- *Business Office Manager*
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- *Activity & Wellness Director*
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- *Food Service Director*
Antonela Romandi
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- *Maintenance Director*
Dwayne Salmons
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ACTIVITY Highlights

- July 3**
Bunny Visits
Top & Toe Salon Outing
- July 4**
Flag Dedication & Patriotic Program
- July 6**
Travel Tales with Debby
Homeland Creamery Outing
- July 9**
Magnolia Melodies
- July 10**
Carolina Cloggers
- July 11**
Balloon Tennis
- July 13**
Art from Heart
- July 16**
Men's Breakfast
- July 18**
Tunes & Tots
Dollar Tree Shopping
- July 19**
Reflexology Massages
- July 20**
Bowling Outing
- July 23**
Allegro Music Therapy
- July 25**
Hawaii Luau
- July 30**
Ice-Queen Visits

Wise & Well Classes

- Monday - 1:15 Tai Chi
- Tuesdays - 3:30 Brain Fitness
- Thursdays - 9:30 Music & Movement

DIRECTOR'S Corner

Hope you all are having a wonderful summer.

Please know we are working through the ongoing issues with newspaper deliveries. So sorry for any inconveniences that this has caused.

Please remember to sign your loved one in and out when you take them out.

The children of Bill and Kaye Barnard will be donating a flagpole and flag to Spring Arbor in memory of their parents, former residents. We will have a flag dedication on July 4 in the front circle. Hope you can join us for this event.

Please join us for the Luau on July 25. It will be a wonderful event. Hope your days will be rays of sunshine.

Sharon Vroom, RN



Resident **Joann White** pets Brandy in our pet visits with Horse Power!



Birthdays

RESIDENTS

July 2

Gail Radford

July 3

Ida Blalock

July 7

Joanne Sheldon

July 8

Dorothy Shytte

July 20

Mildred Savage

July 26

Estelle Hahn

July 31

Hank Norris



TEAM

July 4

Rick Savage

July 6

Neuzete Machado

July 14

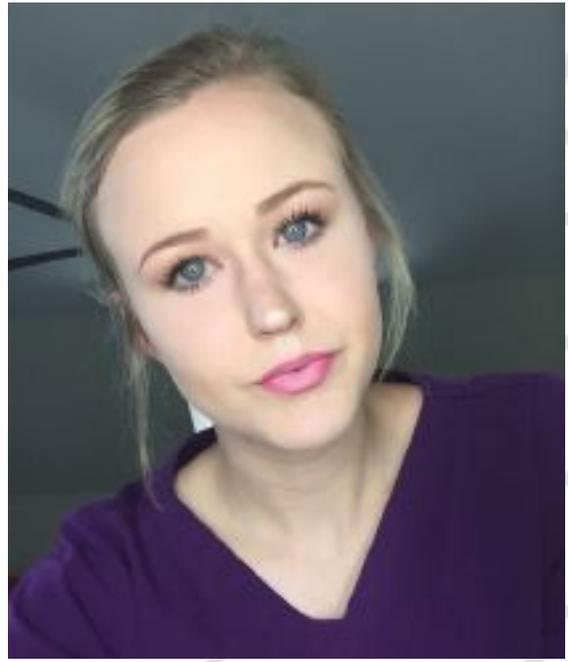
Bonita Cunningham

July 16

Antonela Ramadani



From The DESK of ...



Tori Hopper is one of our awesome second shift resident care staff. She is from Reidsville, NC, and attended Rockingham County High School. **Tori** is now a student at the University of North

Carolina at Greensboro where she is studying to be a nurse. Tori loves to be outdoors and when it's warm, you can find her with her family at the lake! Recently Tori was engaged to her high school sweetheart. Make sure to congratulate her!

Tori has two dogs, Bella and Sadie, whom she loves spending time outside with. Tori's favorite food is spaghetti and her favorite color is blue. Tori has been working here at Spring Arbor of Greensboro for a little over a year and she says that her favorite thing about working here is the residents. She loves getting to know their stories and building a bond with them. We are glad to have Tori here at Spring Arbor. She is a hard worker and genuinely loves her job!

Spring Arbor NEWS



Many thanks to Songbirds Consignment Store, Ladybug Photography, DJ Randy Gardner, and our wonderful team who were models at our annual Reminisce and Remember Wedding Show this past month. We had so much fun! Check out our Facebook page for all the pictures.

We have two more sessions left of Tunes & Tots, **July 11th and 18th at 10:30am**. We hope you will join this fun interactive session with children and our residents!



We celebrated National C.N.A. Week last month; many thanks from residents and teammates to all of our resident care team who work so hard every day.



RESIDENT Spotlight . . .

COTTAGE Care



Welcome July! It's one of our favorite times of the year and we pay special tribute to our Veterans in a Flag-raising ceremony and dedication on July 4th. We will also continue with our monthly green thumbs club on both of The Cottage patios! Our residents love to get out and about this time of year. We have enjoyed our cooking clubs, making some of the residents' favorite treats, from homemade pizza to Chex Mix. If you have ideas, please let us know. We will continue our Hearts and Harmony program with various music therapists coming in to perform, and entertainers. Our residents love and respond so well to music. We wish you a safe and happy 4th of July and we hope to see you in The Cottages soon!

Kendra Humble, CCC1 Coordinator
Michael Mabe, CCC2 Coordinator



VIVIAN EARNHARDT

Vivian was born on March 12th, 1925, in her hometown of Danville, Virginia. She moved to Greensboro at the very young age of eight. Her parents were GT and Nernie Riberts. She was married to the love of her life, Charles J. Earnhardt, for sixty-three years.

She was a homemaker and worked for two different lawyers for about fourteen years. She loved being a mother and a wife. She has three children, Jeffery, Bradley and Louise. She has always been proud of her children and loves spending time with her family.

She enjoys music of all types, and you will often see her sing-a-long in one of many Hearts and Harmony programs or just talking with others. Vivian loves to make us laugh and says she has never met a stranger! We enjoy having Vivian as part of our Spring Arbor Family.



Vivian on her Wedding Day



FLAG



The family of **Bill & Kaye Barnard** would like you to join us for our brand-new flagpole and flag dedication ceremony on **Wednesday, July 4th, 2018, at 9:30am** out front under the portico. We will have a brief patriotic program, and presentation of colors. This will be a wonderful addition to our community, and in memory of a great couple who lived with us for several years! Please join us!

Contact Shelby or Lindsey with any questions. We can hear Bill now, singing the "Grand Old Flag!" A huge thank you to the Bernard Family.

ROCK ON The Power of the Rocking Chair

Residents enjoy sitting on the front porch in the rocking chairs on beautiful sunny days. The rocking chair was part of colonial life, an American phenomenon. Rocking is good for the mind, body, and spirit, and enjoyable.

Many of our Spring Arbor communities are using the rocking chair for another purpose by participating in an Art Show and Fundraiser to benefit Creative Aging Network: "Rock On ... the Aging Revolution!" Participants use a standard rocking chair as a canvas for their rocking artwork.

Residents and staff collaborated on what the chairs' themes would be; some of those chosen are:

Forever Home - Our family-like atmosphere really embodies what Spring Arbor is all about—coming together as a family to live life to our fullest each day.

Seize the Day - Every day is a blessing no matter what age you are. Our residents love to wake up to a beautiful sunrise and get ready for whatever adventures the day may have in store for them!

Rose Garden - This theme was chosen for many reasons. First, our Spring Arbor logo is a rose. Second, our residents love roses and are looking forward to the roses blooming in our community garden. Lastly, roses need lots of TLC and we also feel that is how to describe our community. We added some butterflies to our rocking chair, as they are beautiful and love to be around roses. The butterflies were made with our residents' fingerprints. Each butterfly is unique in their own way, as we feel that is the same with each of our residents.

"It's *how you live* that matters."



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