

January 2018 Activities & Event Calendar



Spring Arbor of Greensboro * 5125 Michaux Road * Greensboro, NC 27410 * (336) 286-6404 * www.springarborliving.com *
Shelby M. Kline, LRT/CTRS, Wellness & Program Coordinator * gbad@hhhunt.com * (336)707-6285 * Lindsey Johnson, LRT/CTRS, Activity Assistant * gbaad@hhhunt.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>Please remember all activities are subject to <u>change</u>, but we will try to give you as much notice as possible! Thank You!</p>	<p>10:30 New Years Reminisce and Resolutions (AR) ¹</p> <p>1:00 Skip Bo Card Game with Lindsey (Sun Rm)</p> <p>2:00 New Year's Crossword (Café)</p>	<p>10:30 Flowerpot Snowmen Craft (AR) ²</p> <p>1:15 Food Service Committee & Resident Council Meeting with Debby/ Antonella/Chef (AR)</p> <p>2:30 Music Therapy Session with Meredith from Allegro Music Therapy (AR)</p> <p>3:30 Afternoon Games with Lindsey (AR)</p> <p>6:00 Tuesday Tunes with: Fred</p>	<p>10:10 Music and Memories with Robin (AR) ³</p> <p>1:30 Leave for Precious Memories Church Service at Oak Ridge United Methodist Church (SIGN-UP)</p> <p>2:30 Crafts with Leslie from the Creative Aging Network (AR)</p>	<p>10:00 Tai Chi with Eric (WR) ⁴</p> <p>10:30 Bingo with Lindsey(AR)</p> <p>1:30 Sing-a-long with Nancy (AR)</p> <p>3:30 Popcorn and Polish with Lindsey & Shelby (AR)</p> <p>3:00 Keepsakes with Lindsey (1:1)</p> <p>3:30 Popcorn and Polish with</p>	<p>10:30 Cooking Club: Pizza Bites (AR) ⁵</p> <p>1:00 Music & Memories w/ Lindsey (1:1)</p> <p>2:00 Shopping to Dollar Tree (Sign-up)</p> <p>3:00 Happy Hour: Sparkling Fruit Punch</p>	<p>10:30 Saturday Shopping to Hamricks and Lunch ⁶</p> <p>1:00 Tai Chi Video (AR)</p> <p>2:30 Bingo with Receptionist (Café)</p> <p>6:00 Saturday Night Movie Featuring: The Bishop's</p>	
	<p>9:30 Providence Presbyterian Church-Summerfield Pick Up (Meet in Lobby) ⁷</p> <p>10:00 Muirs Chapel United Methodist Church (Bus Pick Up)</p> <p>1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR)</p> <p>1:30 Pet Visits With Chance & Marcia (1:1)</p> <p>3:00 Quilting Class with Marcia (café)</p> <p>4:45 Providence Presbyterian</p>	<p>9:00 Table Top Gamers from Shepherd Center (SR) ⁸</p> <p>10:30 Monday Morning Moving (WR)</p> <p>1:00 Tai Chi with Eric (WR)</p> <p>1:30 Skip Bo Card Game (Sun R)</p> <p>3:00 Trivia with Lindsey & Christina (AR)</p> <p>4:00 Popcorn & Polish with Shelby and Lindsey(AR)</p>	<p>10:30 Pair and Share with Noble Academy Students (AR) ⁹</p> <p>2:30 Music Therapy Session with Meredith from Allegro Music Therapy (AR)</p> <p>3:30 Afternoon Games with Lindsey</p> <p>6:00 Tuesday Tunes with: Pianist Brenda Peeden (AR)</p>	<p>11:15 Lunch Bunch Outing to Libby Hill (Sign-Up) ¹⁰</p> <p>2:30 Crafts with Leslie from the Creative Aging Network (AR)</p> <p>6:00 Puzzles in the General Store</p>	<p>10:00 Tai Chi with Eric (WR) ¹¹</p> <p>10:30 New Years Bunnies Visit with Christy (AR)</p> <p>2:00 Bingo with Shelby & Lindsey (AR)</p> <p>3:00 Popcorn and Polish (1:1)</p> <p>6:00 Open House with Kindred (Lobby)</p>	<p>10:30 Fun Time Friday with Ronnie Conoway (AR) ¹²</p> <p>1:00 Music & Memories w/ Lindsey (1:1)</p> <p>1:30 Shopping Trip to Wal-Mart (sign Up)</p> <p>2:30 Art from Heart with Johnny (C1)</p> <p>3:00 Happy Hour: Cheerwine</p>	<p>10:30 Saturday Morning Crafts with Lindsey (AR) ¹³</p> <p>1:00 Tai Chi Video (AR)</p> <p>2:30 Bingo with Receptionist (Café)</p> <p>6:00 Saturday Night Movie</p>
	<p>9:30 Providence Presbyterian Church-Summerfield Pick Up (Meet in Lobby) ¹⁴</p> <p>10:00 Muirs Chapel United Methodist Church (Bus Pick Up)</p> <p>1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR)</p> <p>1:30 Pet Visits With Chance & Marcia (1:1)</p> <p>3:00 Quilting Class with Marcia (café)</p>	<p>9:30 Wellness Class with Kindred (WR) ¹⁵</p> <p>10:30 Sentimental Journey Show with Bill Bottoms (AR)</p> <p>1:00 Tai Chi with Eric (WR)</p> <p>1:30 Skip Bo Card Game (Sun Rm)</p> <p>3:00 Horticultural Therapy with Catherine (AR)</p> <p>4:00 Popcorn & Polish with Shelby & Lindsey (AR)</p>	<p>10:30 Hand Bells with Jorie (AR) ¹⁶</p> <p>2:30 Music Therapy Session with Meredith from Allegro Music Therapy (AR)</p> <p>3:30 Afternoon Games with Lindsey(AR)</p> <p>6:00 Tuesday Tunes with: Matthew Hanflink (AR)</p>	<p>10:10 Music and Memories with Robin (AR) ¹⁷</p> <p>1:30 Wellness Class with Kindred (WR)</p> <p>2:30 Crafts with Leslie From the Creative Aging Network (AR)</p> <p>6:00 Puzzles in the General</p>	<p>10:00 Tai Chi with Eric (WR) ¹⁸</p> <p>10:30 Bingo with Lindsey & Christina (AR)</p> <p>1-4 Reflexology Massages in the Spa (SIGN UP)</p> <p>1:30 Animal Shelter Visits (AR)</p> <p>3:30 Popcorn and Polish (AR)</p> <p>6pm WINE & DESIGN with the Creative Aging Network</p>	<p>10:30 Piano Concert with John Yellin (AR) ¹⁹</p> <p>1:00 Music & Memories with Lindsey (AR)</p> <p>3:00 Afternoon Music with Josh & Darlene (Main Lobby)</p> <p>3:15 Happy Hour: Hot Chocolate</p>	<p>10:30 Crafts with Christina ²⁰</p> <p>1:00 Tai Chi Video (AR)</p> <p>2:30 Bingo with Receptionist (Café)</p> <p>6:00 Saturday Night Movie Featuring: Shirley Temple</p>

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>9:30 Providence Presbyterian Church-Summerfield Pick Up (Meet in Lobby) 21</p> <p>10:00 Muirs Chapel United Methodist Church (Bus Pick Up)</p> <p>1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR)</p> <p>1:30 Pet Visits With Chance & Marcia (1:1)</p> <p>3:00 Quilting Class with Marcia (café)</p> <p>4:45 Providence Presbyterian</p>	<p>9:30 Wellness Class with Kindred (WR) 22</p> <p>10:15 Allegro Music Therapy Session with Jane (AR)</p> <p>1:00 Tai Chi with Eric (WR)</p> <p>1:30 Skip Bo Card Game (Sun Rm)</p> <p>3:30 Horticultural Therapy with Catherine (AR)</p> <p>4:00 Popcorn & Polish with Shelby and Lindsey (AR)</p>	<p>10:30: Music with Joel (AR) 23</p> <p>2:00 Music Therapy Session with Meredith from Allegro Music Therapy (1:1)</p> <p>2:30 Wine and Cheese Social Special Music Ronnie Reaves (Café/Lobby)</p> <p>3:30 Afternoon Games with Christina (AR)</p> <p>6:00 Tuesday Tunes with Eric (AR)</p> <p>Pet Visits with Gail & Blitz & Gracie and Rachel (1:1)</p>	<p>9:00 Meals on Wheels Route Drop Off (SIGN UP) 24</p> <p>1:30 Wellness Class with Kindred (WR)</p> <p>2:30 Crafts with Leslie from the Creative Aging Network (AR)</p> <p>6:00 Puzzles in the General Store</p>	<p>10:00 Tai Chi (WR) 25</p> <p>10:30 BINGO with Shelby & Lindsey (AR)</p> <p>1:30 Popcorn & Polish with Shelby (Cafe)</p> <p>3:00 Piano with Pat Wade (AR)</p> <p>6:00 Trivia with Receptionist (Lobby)</p>	<p>10:30 January Birthday Celebration with Robbie & Betty Vance (AR) 26</p> <p>12:00 Pizza Lunch at Claxton Elementary with Pen Pals. (Sign UP)</p> <p>1:00 Music & Memories w/ Christina (1:1)</p>	<p>10:30 Music with Lee Estrada (AR) 27</p> <p>1:00 Tai Chi Video (AR)</p> <p>2:30 Bingo with Receptionist (Café)</p> <p>6:00 Saturday Night Movie Featuring: The Butler</p>
<p>9:30 Providence Presbyterian Church-Summerfield Pick Up (Meet in Lobby) 28</p> <p>10:00 Muirs Chapel United Methodist Church (Bus Pick Up)</p> <p>1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR)</p> <p>1:30 Pet Visits With Chance & Marcia (1:1)</p> <p>3:00 Quilting Class with Marcia (café)</p> <p>4:45 Providence Presbyterian</p>	<p>7:30 Men's Breakfast to IHOP (Sign Up) 29</p> <p>9:30 Wellness Class with Kindred (WR)</p> <p>10:30 Monday Morning Movie: Marley & Me</p> <p>1:00 Tai Chi with Eric (WR)</p> <p>1:30 Skip Bo Card Game (Sun Rm)</p> <p>3:00 Paint by Number with Christina (AR)</p> <p>4:00 Popcorn & Polish with Shelby and Lindsey (AR)</p>	<p>10:30 Winter Crafts with Lindsey (AR) 30</p> <p>2:15 Music Therapy Session with Meredith from Allegro Music Therapy (Café)</p> <p>3:30 Afternoon Games with Lindsey (AR)</p> <p>4:00 Popcorn & Polish (AR)</p> <p>Pet Visits with Gail and Blitz (1:1)</p>	<p>10:30 Super Blue Moon Party (AR) 31</p> <p>1:30 Wellness Class with Kindred (WR)</p> <p>2:30 Crafts with Leslie from the Creative Aging Network (AR)</p> <p>6:00 Puzzles in the General</p>	 <p>MARTIN LUTHER KING, JR. 1929-1968</p>		 <p>Bring on the NEW YEAR!</p>
		 <p>Residential Assisted Living & Alzheimer's Care</p>	<p>Location Key</p> <p>L= Library SR= Sitting Room AR= Activity Room 1:1= Individual Activities Café=Café DR= Dining Room WR= Wellness Room Sun Rm=Sun Room</p>	<p>HAPPY BIRTHDAY!</p> <p><u>Residents</u></p> <p>Bronson Bayliss 2nd Kay Wireback 4th Frank Alleva 14th Barbara Thorne 14th Elsie Hubbert 17th Pauline Goodwin 20th</p>	 <p>HAPPY BIRTHDAY!</p> <p><u>Team</u></p> <p>Rodney Cox 7th Ashley Rodriguez 12th Michael Mabe 13th Debbie Lloyd 25th</p>	