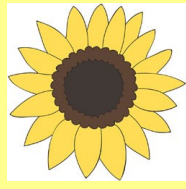


August 2018 Cottage 2 Activities & Event Calendar

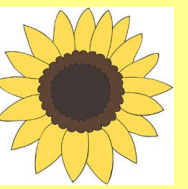


Spring Arbor of Greensboro * 5125 Michaux Road * Greensboro, NC 27410 * (336)286-6404* www.springarborliving.com *
Michael Mabe, Cottage Care 2 Coordinator * gbccc2@hhunt.com * 336-501-0876

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|---|--|--|--|
| <p>Please remember all activities are subject to <u>change</u> but we will try to give you as much notice as possible! Thanks Michael Mabe, CCC</p> | | <p><i>In our Cottage daily we reserve an hour of relaxation between 1-2pm Thank you</i></p> | <p>1 9:00 Royal Treatments 10:10 Music & Memories with Robin (AL) 1:00 Relaxing Moments 1:30 Precious Moments Church Service @ Oak Ridge United Methodist Church 2:45 Creative Aging Network—Art from the Heart (AL) 6:00 Puzzle Mania 7:00 Gardening 101 : Water Garden Plants</p> | <p>2 9:00 Royal Treatments 10:30 Bingo w/ Staff 1:00 Relaxing Moments 1:30 Sing A Long w/ Nancy & Ice Cream Sandwich (AL) 3:30 Noodle Ball 6:00 Popcorn & Polish (1:1) 7:00 Let's Get Moving : Walking Club *National Ice-Cream Sandwich Day!</p> | <p>3 9:00 Royal Treatments 10:30 NC Senior America Talent Showcase (AL) 1:00 Relaxing Moments 2:30 Celebrate National Watermelon Day (Café) 3:30 Happy Hour : Melon Ball Punch (Café) 6:00 Joggin' the Noggin' Trivia "Analogies" 7:00 Sweet Feet Pedicures (1:1) *National Watermelon Day</p> | <p>4 9:00 Royal Treatments 10:30 Cooking Club : Chocolate Chip Cookies 1:00 Relaxing Moments 3:30 Bingo w/ Staff 6:00 Let's Play Indoor Frisby 7:00 Sweet Treats on the Patio : Ice Cream Cones</p> |
| <p>5 9:00 Royal Treatments 10:30 Relax & Refresh Hand Massages (1:1) 1:00 Relaxing Moments 1:15 Devotion and Weekly Sing a Long w/ Providence Presbyterian 6:00 Sunday Evening Reminisce on Patio : "Childhood Memories"</p> | <p>6 9:00 Royal Treatments 10:30 Sensory : "Remembering The Beach " 1:00 Relaxing Moments 3:30 Popcorn & Polish (1:1) 6:00 Color by Number w/ staff & Root Beer Floats 7:00 Sweet Feet Pedicures (1:1)</p> | <p>7 9:00 Royal Treatments 10:30 All-A-Flutter Butterfly Farm Visits (AL) 1:00 Relaxing Moments 2:45 Hearts & Harmony Music Therapy Program w/ Allegro Music Therapy 6:00 Tuesday Tunes w/ Fredd Reyes (AL)</p> | <p>8 9:00 Royal Treatments 10:30 Cheese & Cracker Social 1:00 Relaxing Moments 2:45 Creative Aging Network—Art from the Heart (AL) 6:00 Balloon Swat 7:00 Gardening 101 : Water Garden Plants</p> | <p>9 9:00 Royal Treatments 10:30 Bingo w/ Staff 1:00 Relaxing Moments 2:30 Afternoon Sing-A-Long w/ Fredd (AL) 6:00 Popcorn & Polish (1:1) 7:00 Let's Get Moving : Walking Club</p> | <p>10 9:00 Royal Treatments 10:30 Fun Time Friday w/ Ronnie Conoway (AL) 1:00 Relaxing Moments 3:30 Happy Hour : Sherbet Punch (Café) 6:00 Joggin' the Noggin' Trivia 7:00 Sweet Feet Pedicures (1:1)</p> | <p>11 9:00 Royal Treatments 10:30 Bingo w/ Staff 1:00 Relaxing Moments 2:00 Watermelon Social W/ Staff 6:00 Let's Play Connect Four 7:00 Sweet Treats on the Patio : Ice Cream Sundaes</p> |
| <p>12 9:00 Royal Treatments 10:30 Relax & Refresh Hand Massages (1:1) 1:00 Relaxing Moments 1:15 Devotion and Weekly Sing a Long w/ Providence Presbyterian 6:00 Sunday Evening Reminisce on Patio "Vacations of Yesterday"</p> | <p>13 9:00 Royal Treatments 10:15 Music & Memories w/ Magnolia Melodies (AL) 1:00 Relaxing Moments 3:30 Popcorn & Polish (1:1) 6:00 Cooking Club : Make "Mug" Treats 7:00 Sweet Feet Pedicures (1:1)</p> | <p>14 9:00 Royal Treatments 10:30 Bunny Visits w/ Christi (AL) 1:00 Relaxing Moments 2:45 Hearts & Harmony Music Therapy Program w/ Allegro Music Therapy 6:00 Tuesday Tunes with : Brenda Peeden & The Singing Cleric (AL)</p> | <p>15 9:00 Royal Treatments 10:10 Music & Memories w/ Robin (AL) 1:00 Relaxing Moments 2:45 Creative Aging Network—Art from the Heart (AL) 6:00 National Lemon Meringue Pie Day : Fun facts 7:00 Gardening 101 : Water Garden Plants</p> | <p>16 9:00 Royal Treatments 10:30 Bingo w/ Staff 1:00 Relaxing Moments 1:30 Guilford County Animal Shelter Visits (1:1) 6:00 Popcorn & Polish (1:1) 7:00 Let's Get Moving : Walking Club *National Klondike Day : Enjoy a Klondike on the Patio !!!</p> | <p>17 9:00 Royal Treatments 10:30 Sensory : " A Jewel of A Sensory Kit " 1:00 Relaxing Moments 3:00 Music w/ Josh & Darlene 3:30 Happy Hour : Pink Ice Punch (Café) 6:00 Joggin' the Noggin' Trivia 7:00 Sweet Feet Pedicures (1:1)</p> | <p>18 9:00 Royal Treatments 10:30 National Honey Bee Day : Fun Facts & Snacks 1:00 Relaxing Moments 3:30 Bingo w/ Staff 6:00 Let's Play Cornhole 7:00 Sweet Treats on the Patio : Ice Cream Floats</p> |



August 2018 Activities & Event Calendar



Spring Arbor of Greensboro * 5125 Michaux Road * Greensboro , NC 27410 * (336)286-6404* www.springarborliving.com *
Shelby Kline, LRT/CTRS Wellness and Program Coordinator *gbad@hhhunt.com *(336)707-6285* Lindsey Johnson, LRT/CTRS Activity Assistant*

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|---|--|--|--|
| <p>19</p> <p>9:00 Royal Treatments 10:30 Relax & Refresh Hand Massages (1:1) 1:00 Relaxing Moments 1:15 Devotion and Weekly Sing a Long w/ Providence Presbyterian 6:00 Sunday Evening Reminisce on Patio "school days"</p> | <p>20</p> <p>9:00 Royal Treatments 10:30 Lemonade's B-day - "Pucker up Punch Hour" 1:00 Relaxing Moments 3:30 Popcorn & Polish (1:1) 6:00 Cooking Club : Sandwich Station 7:00 Sweet Feet Pedicures (1:1)</p> | <p>21</p> <p>9:00 Royal Treatments 10:30 Hand Bells w/ Jorie (AL) 1:00 Relaxing Moments 2:45 Hearts & Harmony Music Therapy Program w/ Allegro Music Therapy 6:00 Tuesday Tunes w/ The Alderman Duo (AL) 7:00 Special Performance from Women's Capella Group "Downtown Sound" (AL)</p> | <p>22</p> <p>9:00 Royal Treatments 10:30 Reminisce : Songs of Yesterday 1:00 Relaxing Moments 2:45 Creative Aging Network— Art from the Heart (AL) 6:00 Giant Ring Toss 7:00 Wednesday Night Cinema "Resident Choice"</p> | <p>23</p> <p>9:00 Royal Treatments 10:30 Bingo w/ Staff 1:00 Relaxing Moments 3:00 Piano w/ Pat Wade (AL) 6:00 Popcorn & Polish (1:1) 7:00 Let's Get Moving : Walking Club</p> | <p>24</p> <p>9:00 Royal Treatments 10:30 Monthly B-day Party (AL) 1:00 Relaxing Moments 2:30 First Annual Pie & Cobbler Contest (Café) 3:30 Happy Hour : Hawaiian Punch (Café) 6:00 Joggin' the Noggin' Trivia 7:00 Sweet Feet Pedicures (1:1)</p> | <p>25</p> <p>9:00 Royal Treatments 10:30 Music w/ Lee Estrada (AL) 1:00 Relaxing Moments 3:30 Bingo w/ staff 6:00 Let's Play Parachute Games 7:00 Sweet Treats on the Patio : Milkshakes</p> |
| <p>26</p> <p>9:00 Royal Treatments 10:30 Relax & Refresh Hand Massages (1:1) 1:00 Relaxing Moments 1:15 Devotion and Weekly Sing a Long w/ Providence Presbyterian 6:00 Sunday Evening Reminisce on Patio " Photos of yesterday"</p> | <p>27</p> <p>9:00 Royal Treatments 10:15 Allegro Music Therapy (AL) 1:00 Relaxing Moments 2:30 Ice Queen Ice Cream Truck 6:00 Monday Night Music w/ Ronnie Conoway 7:00 Sweet Feet Pedicures (1:1)</p> | <p>28</p> <p>9:00 Royal Treatments 10:30 Balloon Volleyball (AL) 1:00 Relaxing Moments 2:45 Hearts & Harmony Music Therapy Program w/ Allegro Music Therapy 6:00 Tuesday Tunes w/ Mood Swingz (AL)</p> | <p>29</p> <p>9:00 Royal Treatments 10:30 Music & Memories w/ Robin (AL) 1:00 Relaxing Moments 2:45 Creative Aging Network— Art from the Heart (AL) 6:00 Board Games (1:1) 7:00 Celebrate Sunglasses Day "Wild & Crazy Sunglasses"</p> | <p>30</p> <p>9:00 Royal Treatments 10:30 Bingo w/ Staff 1:00 Relaxing Moments 3:00 National Toasted marsh-Mallow Day : Let's Make S'mores (front porch) 6:00 Popcorn & Polish (1:1) 7:00 Let's Get Moving : Walking Club</p> | <p>31</p> <p>9:00 Royal Treatments 10:30 Sentimental Journey Show w/ Bill Bottoms (AL) 1:00 Relaxing Moments 3:30 Happy Hour : Frozen Strawberry Lemonade (Café) 6:00 Joggin' the Noggin' Trivia 7:00 Sweet Feet Pedicures (1:1)</p> |  <p>1st Annual Pie & Cobbler Contest</p> <p>Come show off your baking skills with your favorite pie or cobbler recipes. Friday August 24th Pies submitted by 2:00 PM Taste Testing at 2:30 PM Everyone is welcome to participate! Residents will be the judges!</p> <p>Register with Shelby or Lindsey by August 20th gbad@hhhunt.com or (336)707-6285</p> |
| |  |  | |  | |  <p>HAPPY BIRTHDAY!</p> <p>Jaelyn Mickle 3rd Lindsey Johnson 5th Jeannette Hayes 5th Jillian Bryant 9th Patty Goris 11th Patricia Harris 12 Adrian Bryant 18th Shelby Kline 18th</p> |