
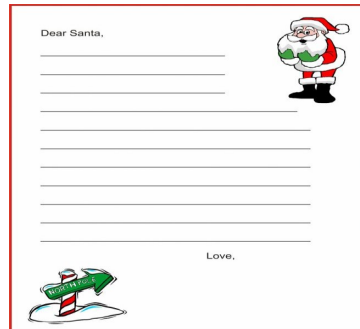

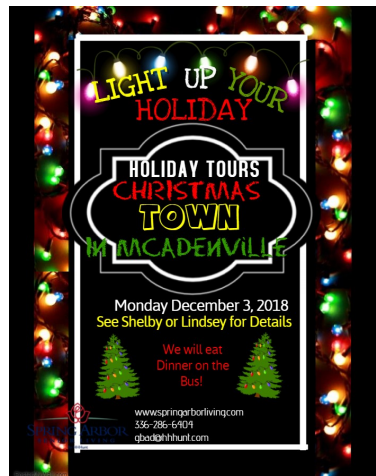



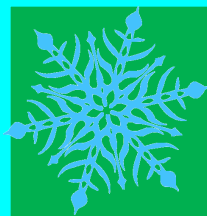


# December 2018- Cottage 1 Activities & Events Calendar

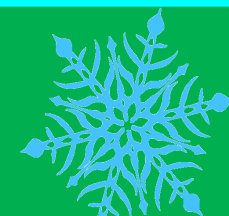


Spring Arbor of Greensboro \* 5125 Michaux Road \* Greensboro , NC 27410 \* (336)286-6404\* [www.springarborliving.com](http://www.springarborliving.com) \*  
Katy Lee \*Cottage Activities & Wellness Assistant\* [gbcawa@hhhunt.com](mailto:gbcawa@hhhunt.com)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please remember all activities are subject to <u>change</u> but we will try to give you as much notice as possible! Thanks Katy Updated 11/29/18</p>		<p>Don't Forget to write a letter to Santa and Drop in the mail box in the Café. For each letter written one dollar will be donated to the Make-A-Wish Foundation.</p> 				<p>9:00 Royal Treatment 10:00 Jumbo Jenga 1:00 Tai Chi Video (AR) 2:00 Bingo with Staff (AR) 5:00 Leave to see Christmas with Elvis in Thomasville (Sign Up) 6:00 Saturday Sitcoms &amp; Popcorn: I Love Lucy</p>
<p>9:00 Royal Treatment 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance &amp; Marcia (1:1) 3:00 Quilting Class with Marcia (café) 6:00 Board Games with staff</p>	<p>9:00 Royal Treatment 9:30 Stretch &amp; Smile 10:30 Piano Favorites with Eric Hunsucker (AR) 1:15 Tai Chi with Eric (WR) 1:30 1:1 with Katy/Quiet Time 3:00 Horticulture Therapy with Catherine (AR) 3:00 Leave for Holiday Tours Bus Trip to McAdenville Christmas Town USA Chick Filet Lunch on the Bus (SIGN-UP) 6:00 Cottage Walking Club</p>	<p>9:00 Royal Treatment 9:30 Stretch &amp; Smile 10:30 Christmas Bunny Visits with Christie (AR) 1:30 1:1 with Katy/Quiet Time 2:00 Finish the Lyrics Game 3:30 ART From the Heart: Make Gift Tags for Wrapping Event 6:00 Tuesday Tunes with: Fredd Reyes (AR) Pet Visits with Gail &amp; Blitz (AM) Pet Visits Gracie &amp; Jane (AM)</p>	<p>9:00 Royal Treatment 10:15 Music &amp; Memories with Robin (AR) 1:30 Precious Moments Church Service Oak Ridge United Methodist Church (Sign-Up) 3:00 Art from the Art with the Creative Aging Network (AR) 4:00 Girl Scout Troop Visits from Summerfield for the Holidays (AR) 4:00 Evening Bus Rides &amp; Christmas Lights in Sunset Hills with Lindsey (Sign-Up) 6:00 Family Feud on IN2L with staff Pet Visits with Jack (AM)</p>	<p>9:00 Royal Treatment 9:30 Stretch &amp; Smile 10:30 Bingo with Activities Staff (AR) 1:30 Sing A Long with Nancy (AR) 2:15 Wise &amp; Well with Mickey 3:30 1:1 with Katy/Quiet Time 6:00 Holiday Crossword Puzzles Pet Visits with Karen &amp; Piper (PM)</p>	<p>9:00 Royal Treatment 9:30 Magnolia Music Therapy Session with Randi (AR) 1:30 1:1 with Katy/Quiet Time 2:15 Wise &amp; Well Class with Mickey 3:00 Bean Bag Toss 6:00 Color By Number: Holiday Ornaments</p>	<p>9:00 Royal Treatment 9am-1pm Don't Get your Tinsel in a Tiff Wrapping Event special music Eric Hunsucker (Lobby) 12:00 Holiday Music with Ronnie 1:00 Tai Chi Video (AR) 2:00 Bingo with Staff (AR) 6:00 Saturday Sitcoms &amp; Popcorn: Andy Griffith</p>
<p>9:00 Royal Treatment 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance &amp; Marcia (1:1) 3:15 Quilting Class with Marcia (café) 6:00 Let's Play Jenga</p>	<p>9:00 Royal Treatment 9:30 Stretch &amp; Smile 10:00 Leave for Christmas Around the World Performance &amp; Pizza Lunch with Covenant Preschool Kids (sign-Up) 10:30 Holiday Sing-a-long with Fredd (AR) 1:15 Tai Chi (WR) 1:30 1:1 with Katy/Quiet Time 3:00 Christmas Ornaments with Lindsey (AR) 4:00 Popcorn &amp; Polish (1:1) 6:00 Build a Snowman Art from Heart</p>	<p>9:00 Royal Treatment 10:00 Pair &amp; Share with Noble Academy (AR) 1:15 Food Service &amp; Resident Council Meeting (SR) 1:30 1:1 with Katy/Quiet Time 3:00 Coffee &amp; Canvas Art from the Heart Holiday Paint by Number (AR) 6:00 Tuesday Tunes with: Brenda Peeden on Piano (AR) Pet Visits with Gail &amp; Blitz (AM)</p>	<p>9:00 Royal Treatment 9:30 Stretch &amp; Smile 11:00 Leave for Lunch Bunch Outing to Long-Horn Steak House (sign up) 1:30 1:1 with Katy/Quiet Time 3:00 Art from the Art with the Creative Aging Network (AR) 4:00 Evening Bus Rides &amp; Christmas Lights in Lindley Park with Lindsey (Sign-Up) 6:00 IN2L Music with staff</p>	<p>9:00 Royal Treatment 9:00 Caldwell Academy 1st graders visit to spread Holiday Cheer (DR) 10:30 Bingo with Activities Staff (AR) 1:30 1:1 with Katy/Quiet Time 2:15 Wise &amp; Well with Mickey Employee Holiday Party Family &amp; Friends Holiday Party 4:30 until 7 Main Dining Room &amp; Cottage Lobby Pet Visits with Karen &amp; Piper (PM)</p>	<p>9:00 Royal Treatment 9:30 Stretch &amp; Smile 10:30 Fun Time Friday with Ronnie Conoway (AR) 1:30 1:1 with Katy/Quiet Time 2:15 Wise &amp; well Class with Mickey 2:30 Art from the Heart w/Johnny 6:00 Leave for Northern High School Holiday Dance Performance: Hero's Among Us (Sign-Up) 6:30 Royal Expressions Studio Performs Christmas Shoes (Lobby &amp; AR) Amani Bead Jewelry Party</p>	<p>9:00 Royal Treatment 10:30 Christmas Magazine Scavenger Hunt 10:30 Heritage Girls to Visit (Lobby) 1:00 Tai Chi Video (AR) 2:00 Morehead United Methodist Choir Performs (AR) 6:00 Saturday Sitcoms &amp; Popcorn</p>



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Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>9:00 Royal Treatment</b> 16 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance & Marcia (1:1) 3:00 Quilting Class with Marcia (café) 6:00 Hand Massages	<b>9:00 Royal Treatment</b> 17 9:30 Stretch & Smile 10:30 Sentimental Journey Music Show with Bill Bottoms (AR) 1:15 Tai Chi with Eric (WR) 1:30 1:1 with Katy/Quiet Time 3:00 Horticultural Therapy with Catherine (AR) 4:00 Popcorn and Polish (1:1) 6:00 Sing-along with the Reyes Family (AR) 6:30 Cub Scout Troop 204 Holiday Cheer	<b>9:00 Royal Treatment</b> 18 9:30 Stretch & Smile 10:30 Hand Bells with Jorie (AR) 11:30 Dwayne Fried Turkey Lunch 1:30 1:1 with Katy/Quiet Time 2:00 Parachute Exercise 6:00: Tuesday Tunes: Mood Swingz (AR) Pet Visits with Gail & Blitz (AM) Pet Visits with Gracie & Jane (AM)	<b>9:00 Royal Treatment</b> 19 10:15 Music & Memories with Robin (AR) 11:00 Greensboro Academy Wind Ensemble Performs (Lobby) 2:00 Snow Ball Toss 3:00 Art from the Art with the Creative Aging Network (AR) 4:00 Evening Bus Rides & Christmas Lights in Lindley Park with Lindsey (Sign-Up) 6:00 Corn Hole with staff  Pet Visits with Jack (AM)	<b>9:00 Royal Treatment</b> 20 9:30 Stretch & Smile 10:30 Bingo with Activities (AR) 1-4 Reflexology Massages with Lori (SPA) 1:30 Guilford County Animal Shelter Visits 2:15 Wise & Well with Mickey 3:00 Piano with Pat Wade (AR) 6:15 Just Picture It: Christmas Pet Visits with Karen & Piper (PM)	<b>9:00 Royal Treatment</b> 21 10:30 Cooking Club: Christmas Cookies 1:30 1:1 with Katy/Quiet Time 2:15 Wise & Well Class with Mickey 2:45 Happy Hour: Snowman Soup 3:00 Music with Josh & Darlene Gardner (AR) 6:15 Oak Level Quartet Performs (AR)	<b>9:00 Royal Treatment</b> 22 10:30 Santa Paintbrush Craft with Lindsey (AR) 1:00 Tai Chi Video (AR) 2:00 Bingo with Staff 6:00 Saturday Sitcoms & Popcorn	
<b>9:00 Royal Treatment</b> 23 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance & Marcia (1:1) 3:00 Quilting Class with Marcia (café) 6:00 Board Games with staff	<b>CHRISTMAS EVE</b> 24 9:00 Royal Treatment 10:15 Allegro Music Therapy (AR) 1:30 1:1 with Katy/Quiet Time 2:30 Afternoon Matinee: Irving Berlins: White Christmas & Sing-along 6:00 Christmas Memories and Coco Reading of the Night Before Christmas	<b>MERRY CHRISTMAS</b> 25 9:00 Royal Treatment 10:30 Christmas Morning Coffee & Snowmen Donuts (café) 11:30 Christmas Lunch (DR) 1:30 Relaxation Hour 2:30 Christmas Day Movie & Popcorn: How the Grinch Stole Christmas (SUN RM) 6:00 Bowling with Staff	<b>9:00 Royal Treatment</b> 26 9:30 Stretch & Smile 10:30 Musical Melodies with Joel (AR) 1:30 1:1 with Katy/Quiet Time 3:00 Art from the Art with the Creative Aging Network (AR) 6:00 Music on IN2L with staff	<b>9:00 Royal Treatment</b> 27 9:30 Stretch & Smile 10:30 Bingo with activities Staff (AR) 1:30 1:1 with Katy/Quiet Time 2:15 Wise & Well with Mickey 4:00 Mason Jar Snow Globes 6:00 Familiar Faces Bingo with staff Pet Visits with Karen & Piper (PM)	<b>9:00 Royal Treatment</b> 28 9:30 Stretch & Smile 10:30 Monthly Birthday Party with Special Music Betty and Robbie Vance (AR) 1:30 1:1 with Katy/Quiet Time 2:15 Wise & well Class with Mickey 3:00 Happy Hour: New Year Punch 6:00 1:1 Reading Time with staff	<b>9:00 Royal Treatment</b> 29 10:30 Saturday Morning Music with Lee (AR) 1:00 Tai Chi Video (AR) 2:00 Bingo with Staff 6:00 Saturday Sitcoms & Popcorn	
<b>9:00 Royal Treatment</b> 30 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance & Marcia (1:1) 3:00 Quilting Class with Marcia (café) 6:00 Group Puzzles with staff	<b>New Years Eve</b> 31 9:00 Royal Treatment 10:30 New Year's Trivia and Cooking Club with Lindsey (AR) 1:15 Tai Chi with Eric (WR) 1:30 1:1 with Katy/Quiet Time 3:00 New Years Eve Social with Pat Wade (AR) 6:00 Balloon Tennis with staff			 <p><b>Residents</b></p> Ann Patzsch 4 <sup>th</sup> Mary McGinley 5 <sup>th</sup> Al Madden 9 <sup>th</sup> Lois Crabtree 12 <sup>th</sup> John Patzsch 13 <sup>th</sup> Lois Snelgrove 14 <sup>th</sup> Clarece Thornton 15 <sup>th</sup> Mattie Donigan 23 <sup>rd</sup> Elizabeth Auten 26 <sup>th</sup>			 <p><b>TEAM</b></p> Theresa Carr 3 <sup>rd</sup> Diamond Holloman 3 <sup>rd</sup> Tori Hopper 13 <sup>th</sup> Omar Hooper 20 <sup>th</sup> Kamara Hasanatu 24 <sup>th</sup> Quentin Hall 27 <sup>th</sup>