



June 2019 Cottage Activities & Event Calendar



Spring Arbor of Greensboro * 5125 Michaux Road * Greensboro, NC 27410 * (336) 286-6404 * www.springarborliving.com *
Lindsey Johnson, LRT/CTRS Cottage Program Manage (336)613-6768 gbcpm@hhhunt.com* Katy Lee, LRT/CTRS Activities Assistant gbcawa@hhhunt.com

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Please remember all activities are subject to change but we will try to give you as much notice as possible!
Thanks
Katy & Lindsey
Updated 5/28/19

Spring Arbor of Greensboro

SILENT AUCTION

&

Spaghetti Dinner

THURSDAY
JUNE 20, 2019
4:30-7PM

LIVE MUSIC!

Cost is \$10 per plate. All proceeds will benefit the Alzheimers Association. Please contact Michele gbcmtg@hhhunt.com or 336-286-6404 for more info.

alzheimer's association

SPRING ARBOR SENIOR LIVING

5125 Michaux Road Greensboro, NC * www.springarborliving.com

www.alz.org/thelongestday

"THE DAY WITH THE LONGEST LIGHT IS THE DAY WE FIGHT."



Please Remember to RSVP for Father's Day Fish Fry by June 7th to the Receptionist at (336)286-6404

FATHER'S DAY

FISH FRY

Friday June 14th 11:30AM - 1:00PM

Spring Arbor of Greensboro

RSVP by Friday June 7th

Libby Hill will be catering this year's Father's Day Lunch!
Guest meal tickets are \$10 and will be added to your loved ones bill.
RSVP by Friday June 7th to RECEPTIONIST at (336)286-6404 or gbreep@hhhunt.com

9:00 Royal Treatment (B) 1
10:30 Ball Toss with Staff (B)
1-2 Quiet Relaxation (B)
1:30 Bus Ride to Homeland Creamery (B)
2:30 BINGO with Staff (B)
3:00 Life Skills Stations with Staff (B)
3:45 Saturday Trivia (B)
6:15 Saturday Night Sit-coms: Little House on the Prairie (B)

9:00 Royal Treatment (B) 2
9:30 Exercise Games with Staff (B)
10:30 Sunday Morning Scripture & Weekly Prayer Box (B)
1-2 Quiet Relaxation (B)
1:15 Weekly Devotions and Sing A Long with Providence Presbyterian (AL)
1:30 Visits with Chance & Marcia (B)
3:00 Sip & Snack Social (B)
3:45 Sunday Strolls around the Cottage (B)
6:00 Puzzles to Ponder (B)

9:00 Royal Treatment (B) 3
9:15 Cottage Walking Club (C2)
9:30 SingFit (C1)
10:30 Hearts & Harmony: Piano with Eric (B AL)
1-2 Quiet Relaxation (B)
2:00 You've got Mail (B AL)
3:00 Horticulture Therapy (B AL)
4:00 Puzzles in the Dining Room (B)
6:15 Name That...Game with Katy

9:00 Royal Treatment (B) 4
9:30 Stretch & Smile (C1)
9:30 Coffee and Chat (C2)
10:30 Bunny Visits with Christie (B AL)
1-2 Quiet Relaxation (B)
2:15 Cottage Walking Club (C2)
2:45 Wise & Well with Mickey (B C1)
3:30 Art from the Heart (B)
6:15 Tuesday Tunes with Fredd (B AL)

9:00 Royal Treatment (B) 5
9:15 Cottage Walking Club (C2)
9:30 SingFit (B C1)
10:00 Town & Country Barber Shop (outing)
10:30 Art & Crafts with the students (B)
10:45 Wise & Well with Mickey 1:1 (C2)
1-2 Quiet Relaxation (B)
1:45 Precious Moments Outing (sign-up)
3:00 Art from the Heart with the Creative Aging Network (B AL)
6:15 Explore the IN2L (C1)

9:00 Royal Treatment (B) 6
9:30 Stretch & Smile (C1)
9:30 Coffee and Chat (C2)
10:30 BINGO (C1)
10:30 Tray Play (C2)
1-2 Quiet Relaxation (B)
2:00 Cottage Walking Club (C2)
2:15 Wise & Well with Mickey (B C1)
2:00 Sing A Long with Nancy (B AL)
3:00 See Clear (B)
4:00 1:1's with staff
6:15 Balloon Swat (C1)
6:15 Explore the IN2L (C2)

9:00 Royal Treatment (B) 7
9:15 Cottage Walking Club (C2)
9:30 Magnolia Melodies (B C1)
10:30 SingFit (B C1)
1-2 Quiet Relaxation (B)
2:00 Cottage Walking Club (C2)
2:15 Wise & Well with Mickey (B C1)
3:30 Happy Hour: Mixed Berry Punch (B)
6:15 Friday Funnies (B)

9:00 Royal Treatment (B) 8
9:45 Morning Activities with Katy (B)
1-2 Quiet Relaxation (B)
2:00 Ball Toss with Staff (B)
2:30 BINGO with Staff (B)
3:00 Life Skills Stations with Staff (B)
3:45 Saturday Trivia (B)
6:15 Saturday Night Sit-coms: Little House on the Prairie (B)

9:00 Royal Treatment (B) 9
9:30 Exercise Games with Staff (B)
10:30 Sunday Morning Scripture & Weekly Prayer Box (B)
1-2 Quiet Relaxation (B)
1:15 Weekly Devotions and Sing A Long with Providence Presbyterian (AL)
1:30 Visits with Chance & Marcia (B)
3:00 Sip & Snack Social (B)
3:45 Sunday Strolls around the Cottage (B)
4:00 Dinner & Music at GSO College
6:00 Puzzles to Ponder (B)

9:00 Royal Treatment (B) 10
9:15 Cottage Walking Club (C2)
9:30 SingFit (C1)
10:30 Art from the Heart with Jennifer (B AL)
1-2 Quiet Relaxation (B)
1:15 Food Service Council (AL)
2:00 Cottage Walking Club (C2)
2:15 Armchair Travel (B C1)
3:30 Manicures with Lindsey & Katy (B)
6:15 Name That...Game with Katy

9:00 Royal Treatment (B) 11
9:30 Stretch & Smile (C1)
9:30 Coffee and Chat (C2)
10:30 Musical Ball of Fun (B)
1-2 Quiet Relaxation (B)
2:15 Cottage Walking Club (C2)
2:45 Wise & Well with Mickey (B C1)
3:30 Art from the Heart (B)
6:15 Tuesday Tunes with Brenda Peeden (B AL)

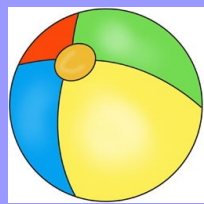
9:00 Royal Treatment (B) 12
9:15 Cottage Walking Club (C2)
9:30 SingFit (B C1)
10:30 Tunes & Tots with Robin (B AL)
10:45 Wise & Well with Mickey 1:1 (C2)
11:30 Wedding Show Lunch (AL)
1-2 Quiet Relaxation (B)
1:15 Wedding Fashion Show (B C1)
3:00 Art from the Heart with the Creative Aging Network (B AL)
6:15 Explore the IN2L (C1)
6:15 Balloon Swat (C2)

9:00 Royal Treatment (B) 13
9:30 Joyful Kindermusik (C2)
10:30 Joyful Kindermusik (C1)
1-2 Quiet Relaxation (B)
2:00 Cottage Walking Club (C2)
2:15 Wise & Well with Mickey (B C1)
3:00 See Clear (B)
4:30 Cottage Family Night with Rehab Care Introduction (B C1)

7:15/1:45/3:15
ALL Staff Meetings

9:00 Royal Treatment (B) 14
9:15 Cottage Walking Club (C2)
9:30 SingFit (C1)
10:30 Lifeskills Stations (B)
11:30 Father's Day Lunch (B C1)
1-2 Quiet Relaxation (B)
1:30-4 Carlee's Bling here in Café
2:00 You've Got Mail (B)
3:30 Happy Hour: Pineapple Coconut Punch
6:15 Friday Funnies (B)

9:00 Royal Treatment (B) 15
10:30 Morning Activities
1-2 Quiet Relaxation (B)
2:00 Ball Toss with Staff (B)
2:30 BINGO with Staff (B)
3:00 Life Skills Stations with Staff (B)
3:45 Saturday Trivia (B)
6:15 Saturday Night Sit-coms: Little House on the Prairie (B)



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>9:00 Royal Treatment (B) 16 9:30 Exercise Games with Staff (B) 10:30 Sunday Morning Scripture & Weekly Prayer Box (B) 1-2 Quiet Relaxation (B) 1:15 Weekly Devotions and Sing A Long with Providence Presbyterian (AL) 1:30 Visits with Chance & Marcia (B) 3:00 Sip & Snack Social (B) 3:45 Sunday Strolls around the Cottage (B) 6:00 Puzzles to Ponder (B)</p>	<p>7:30 Men's Breakfast at IHOP 17 9:00 Royal Treatment (B) 9:15 Cottage Walking Club (C2) 9:30 SingFit (C1) 10:30 Art from the Heart with Jennifer (AL) 1-2 Quiet Relaxation (B) 2:00 Manicures with Katy (B) 3:00 Horticulture Therapy with Catherine (AL) 6:15 Oaklevel Quartet Performs (AL)</p>	<p>9:00 Royal Treatment (B) 18 9:30 Stretch & Smile (C1) 9:30 Coffee and Chat (C2) 10:30 The Circle of Music (AL) 1-2 Quiet Relaxation (B) 2:15 Cottage Walking Club (C2) 2:45 Wise & Well with Mickey (B C1) 3:30 Art from the Heart (B) 6:15 Tuesday Tunes with High Cotton (AL)</p>	<p>9:00 Royal Treatment (B) 19 9:15 Cottage Walking Club (C2) 9:30 SingFit (C1) 10:30 Tunes & Tots with Robin (B AL) 10:45 Wise & Well with Mickey 1:1 (C2) 1-2 Quiet Relaxation (B) 2:00 Trivia 3:00 Art from the Heart with the Creative Aging Network (AL) 6:15 Explore the IN2L (C1) 6:15 Balloon Swat (C2)</p>	<p>9:00 Royal Treatment (B) 20 9:30 Joyful Kindermusik (C2) 10:30 Joyful Kindermusik (C1) 1-2 Quiet Relaxation (B) 1:30-4 Reflexology Massages with Lori (Spa on 100 Hall) 2:00 Cottage Walking Club (C2) 2:15 Wise & Well with Mickey (B C1) 4:30-7 Silent Auction Spaghetti Dinner 6:15 Balloon Swat (C1) 6:15 Explore the IN2L (C2)</p>	<p>9:00 Royal Treatment (B) 21 9:15 Cottage Walking Club (C2) 9:30 SingFit (C1) 11:00 Cottage Lunch Bunch to Olympic (outing) 1-2 Quiet Relaxation (B) 2:00 Cottage Walking Club (C2) 2:15 Wise & Well with Mickey (B C1) 3:00 Music & Memories with Josh & Darlene 3:30 Happy Hour: Orangeade Twist 6:15 Friday Funnies (B)</p>	<p>9:00 Royal Treatment (B) 22 9:30 Wise & Well with Mickey (C1) 11:00 Wise & Well with Mickey (C2) 1-2 Quiet Relaxation (B) 2:00 Ball Toss with Staff (B) 2:30 BINGO with Staff (B) 3:00 Life Skills Stations with Staff (B) 3:45 Saturday Trivia (B) 6:15 Saturday Night Sitcoms: Little House on the Prairie (B)</p>
<p>9:00 Royal Treatment (B) 23 9:30 Exercise Games with Staff (B) 10:30 Sunday Morning Scripture & Weekly Prayer Box (B) 1-2 Quiet Relaxation (B) 1:15 Weekly Devotions and Sing A Long with Providence Presbyterian (AL) 1:30 Visits with Chance & Marcia (B) 3:00 Sip & Snack Social (B) 3:45 Sunday Strolls around the Cottage (B) 6:00 Puzzles to Ponder (B)</p>	<p>9:00 Royal Treatment (B) 24 9:15 Cottage Walking Club (C2) 9:30 Allegro Music Therapy (B C1) 10:30 SingFit (C1) 1-2 Quiet Relaxation (B) 2:00 Ice Cream Truck 3:30 Manicures with Katy 4:00 1:1's with staff 6:15 Name That...Game with Katy</p>	<p>9:00 Royal Treatment (B) 25 9:30 Stretch & Smile (C1) 9:30 Coffee and Chat (C2) 10:30 Kindermusik Music Program (B AL) 1-2 Quiet Relaxation (B) 2:15 Cottage Walking Club (C2) 2:45 Wise & Well with Mickey (B C1) 3:30 Art from the Heart (B) 6:15 Tuesday Tunes with the Mood Swingz (AL)</p>	<p>9:00 Royal Treatment (B) 26 9:15 Cottage Walking Club (C2) 9:30 SingFit (B C1) 10:30 Tunes & Tots with Robin (B AL) 11:00 Greensboro Grasshoppers Game (outing) 1-2 Quiet Relaxation (B) 2:00 Cottage Stories (B) 3:00 Art from the Heart with the Creative Aging Network (AL) 6:15 Explore the IN2L (C1) 6:15 Balloon Swat (C2)</p>	<p>9:00 Royal Treatment (B) 27 9:30 Joyful Kindermusik (C2) 10:30 Joyful Kindermusik (C1) 1-2 Quiet Relaxation (B) 2:00 Cottage Walking Club (C2) 2:15 Wise & Well with Mickey (B C1) 3:00 Piano with Pat Wade (AL) 3:00 See Clear (B) 6:15 Balloon Swat (C1) 6:15 Explore the IN2L (C2)</p>	<p>9:00 Royal Treatment (B) 28 9:15 Cottage Walking Club (C2) 9:30 SingFit (C1) 10:30 Monthly Birthday Party with Music by Robbie & Betty Vance (AL) 1-2 Quiet Relaxation (B) 2:00 Cottage Walking Club (C2) 2:15 Wise & Well with Mickey (B C1) 3:30 Happy Hour: Strawberry Lemonade 6:15 Friday Funnies (B)</p>	<p>9:00 Royal Treatment (B) 29 9:45 Morning Activities with Holly 1-2 Quiet Relaxation (B) 2:00 Ball Toss with Staff (B) 2:30 BINGO with Staff (B) 3:00 Life Skills Stations with Staff (B) 3:45 Saturday Trivia (B) 6:15 Saturday Night Sitcoms: Little House on the Prairie (B)</p>
<p>9:00 Royal Treatment (B) 30 9:30 Exercise Games with Staff (B) 10:30 Sunday Morning Scripture & Weekly Prayer Box (B) 1-2 Quiet Relaxation (B) 1:15 Weekly Devotions and Sing A Long with Providence Presbyterian (AL) 1:30 Visits with Chance & Marcia (B) 3:00 Sip & Snack Social (B) 3:45 Sunday Strolls around the Cottage (B) 6:00 Puzzles to Ponder (B)</p>		<p>Location Key</p> <p>AL—Assisted Living C1—Cottage 1 C2— Cottage 2 B — Both Cottage 1 and Cottage 2 participate</p>		<p>Team Birthdays</p> <p>Mary June Sangalang 1st Ritu Chhabria 4th Cherylene Cheatwood 6th Joan Isley 8th Kerigan Sullivan 9th Dottie Gibson 10th Cindy Alvarez 16th Franck Sile 21st Vanessa Murphy 22nd Sophia Moss 24th</p>		<p>Resident Birthdays</p> <p>Joan Brown 9th Louise Kocher 14th Helen Thornberry 17th Elaine Wint 20th Harriett Martin 21st Joyce Gibson 21st</p>