

# March 2019 Activities & Event Calendar-Assisted Living



Spring Arbor of Greensboro \* 5125 Michaux Road \* Greensboro, NC 27410 \* (336) 286-6404 \* [www.springarborliving.com](http://www.springarborliving.com) \*  
Shelby Kline, M.S. LRT/CTRS, Wellness & Program Coordinator\*[gbad@hnhunt.com](mailto:gbad@hnhunt.com)\*336-707-6285 \* Lindsey Johnson, LRT/CTRS, Activities Assistant \* [gbad@hnhunt.com](mailto:gbad@hnhunt.com)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Resident Snacks Available 10am, 2pm, &amp; 8pm</p>					<p>10:30 UNCG Students to make centerpieces for Spring Fling (AR) 2:30 Tarheel Country Cloggers Perform (AR) 3:45 Happy Hour: Green Smoothies 6:00 Whiteboard word Games with the receptionist (lobby) <b>Paws for Purpose Pet Visits with Karen &amp; Piper (PM)</b></p>	<p>10:30 Saturday activities with Lindsey 1:00 Tai Chi Video(SR) 2:00 Bingo with the Receptionist (café) 6:00 Movie and popcorn In the Sunroom : the Devil Wears Prada 6:30 Board games with The receptionist (café)</p>
<p>3 9:30 Providence Presbyterian Church-Summerfield Pick Up (Meet in Lobby) 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance &amp; Marcia (1:1) 1:30 Leave to go to Community Singing event at Carolina Theatre &amp; Dinner (sign Up) 3:00 Quilting Class with Marcia (café) 4:45 Providence Presbyterian Church-Summerfield (Pick-Up) 6:00 Sunday Night Card Games (café)</p>	<p>4 9:00 Shopping to Good Will 10:30 Hearts &amp; Harmony: Music with Eric (AR) 1:15 Wise + Well Tai Chi with Eric (WR) 1:45 Skip Bo &amp; Card Games (AR) 3:00 Horticulture Therapy with Catherine from Seeds of Serenity (AR) 4:00 Popcorn and Polish (1:1) 6:00 Rumikub &amp; Card Games with the Receptionist (lobby)</p>	<p>5 10:30 Bunny visits with Christie (AR) 1:30 Wise + Well with Mickey: Bands (WR) 1:30 Trip to Tip to Toe Nail Salon (sign Up) 3:30 Sing Fit with Holly (AR) 4:30 Pancake Supper &amp; Bingo Night to Benefit ALZ Association (DR) 6:00 Tuesday Tunes with Fredd (AR)</p>	<p>6 9:30 Wise + Well with Mickey: Team Building Games (WR) 10:30 Tunes &amp; Tots with Robin (AR) 1:30 Precious Moments Church Service (sign up) 3:00 Art from the Heart with Creative Aging Network (AR) 7:00 Games with the Receptionist (Lobby)</p>	<p>7 9:30 IN2L 1:1 With Holly 10:30 Bingo with Activities staff (AR) 1:30 Sing A Long with Nancy (AR) 2:30 Popcorn &amp; Polish (1:1) 3:30 Wise and Well with Mickey: Walking Challenge (WR) 6:00 Trivia with Receptionist (lobby) 6:30 Northern Dance Team Performs (AR)</p>	<p>8 10:30 Friday Morning Music with Ronnie Conoway (AR) 1:30 Shopping to Dollar Tree (Sign up) 2:30 Art from the Heart with Johnny (AR) 3:30 Wise and Well with Mickey: Injury &amp; Wellness Prevention (WR) 3:45 Happy Hour: Sherbet Party punch 6:00 Whiteboard word Games with the Receptionist (lobby) <b>Paws for Purpose Pet Visits with Karen &amp; Piper (PM)</b></p>	<p>9 10:30 Saturday Activities with Holly 1:00 Tai Chi Video (SR) 12:00 Meal Time Music with Ronnie (DR) 2:00 Bingo with the receptionist (café) 6:00 Movie and Popcorn in the Sunroom: Seabiscuit 6:30 Board games with the Receptionist (café)</p>
<p>10 <b>DAYLIGHT SAVINGS TIME STARTS</b> 9:30 Providence Presbyterian Church-Summerfield Pick Up (Meet in Lobby) 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance &amp; Marcia (1:1) 3:00 Quilting Class with Marcia (café) 4:45 Providence Presbyterian Church-Summerfield (Pick-Up) 6:00 Sunday Night Card Games (café)</p>	<p>11 7:30 Men's Breakfast to IHOP (Sign-up) 10:30 Art with Jennifer (AR) 1:15 Wise + Well Tai Chi with Eric (WR) 1:45 Skip Bo &amp; Card Games (AR) 2:00 Magnolia Melodies Music Therapy (AR) 4:00 Popcorn and Polish (1:1) 6:00 Rumikub &amp; Card Games with the Receptionist (lobby)</p>	<p>12 9:30 Coffee &amp; Conversation with Holly (Café) 10:30 Lets Play Bowling (AR) 1:15 Food Service and Resident Council Meeting (SR) 1:30 Wise + Well with Mickey: Weights (WR) 3:30 Sing Fit with Holly (AR) 6:00 Tuesday Tunes with Brenda (L)</p>	<p>13 9:30 Wise + Well with Mickey: Brain Games (WR) 10:30 Leave for Hamricks Shopping Trip &amp; Lunch at La Fiesta (Sign-Up) 3:00 Art from the Heart with Creative Aging Network (AR) 4:30 Walsh Kelly Irish School Dancers Perform (DR) 6:00 Scavenger Hunt Bus Rides with Lindsey (1:1) 6:00 Games with the Receptionist (Lobby)</p>	<p>14 9:30 IN2L 1:1 With Holly 10:30 Bingo with Activities staff (AR) 1:30 Grace Note Choir Performs (AR) 2:30 Tunes with Fredd (AR) 3:00 Popcorn &amp; Polish (1:1) 3:30 Wise and Well with Mickey :Walking Challenge (WR) 6:00 Trivia with Receptionist (lobby)</p>	<p>15 10:30 Paint By Number (AR) 11:30 St. Patrick's Day Party featuring Mood Swingz (DR) 1:30 SingFit with Holly (AR) 3:00 Josh and Darlene Gardner perform (AR) 3:30 Wise and Well with Mickey: Stretch &amp; Flex (WR) 3:45 Happy Hour Rainbow Ice Cube Punch(1:1) 6:00 Whiteboard word games with Receptionist (lobby)</p>	<p>16 10:30 Saturday Activities with Katy 1:30 Wise &amp; Well With Mickey (WR) 2:00 Bingo with the receptionist (café) 6:00 Movie and Popcorn in the Sunroom: The Duchess 6:30 Board games with the Receptionist (café)</p>

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>17</b></p> <p>9:30 Providence Presbyterian Church-Summerfield Pick Up (Meet in Lobby) 12:30 Concert with Music Academy of NC (DR) 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance &amp; Marcia (1:1) 3:00 Quilting Class with Marcia (café) 4:45 Providence Presbyterian Church-Summerfield (Pick-Up)</p>	<p><b>18</b></p> <p>9:00 Shopping to Good Will (Sign-Up) 10:30 Sentimental Journey with Bill Bottoms (AR) 1:15 Wise + Well Tai Chi with Eric (WR) 1:45 Skip Bo &amp; Card Games (AR) 3:00 Horticultural Therapy with Seeds of Serenity (AR) 4:00 Popcorn and Polish (1:1) 6:00 Oak Level Men's Quartet (AR)</p>	<p><b>19</b></p> <p>9:30 Coffee &amp; Conversation with Holly (Café) 10:30 Handbells w/ Jorie (SR) 1:30 Wise + Well with Mickey: Bands (WR) 2:30 Wine &amp; Cheese Social Special Music with Ronnie Reaves ( ) 3:30 SingFit with Holly (AR) 6:00 Tuesday Tunes with High Cotton (AR)</p>	<p><b>20</b></p> <p>9:30 Wise + Well with Mickey: Team Building Games (WR) 10:30 Art with Jennifer (AR) 11:30 Bach Lunch @ Starmount Presbyterian Church (Sign-Up) 3:00 Art from the Heart with Creative Aging Network (AR) 6:00 Scavenger Hunt Bus Rides with Lindsey (signup) 6:00 Games with the Receptionist (Lobby)</p>	<p><b>21</b></p> <p>9:30 IN2L 1:1 With Holly 10:30 Bingo with Activities staff (AR) 1:30 Walk to Delish for Ice Cream (Meet in Lobby) 1:30 until 4 Reflexology Massages (spa on 100) 3:30 Wise and Well with Mickey: Walking Challenge (WR) 2:30 Popcorn &amp; Polish (1:1) 6:00 Trivia with Receptionist (lobby)</p>	<p><b>22</b></p> <p>10:30 Monthly Birthday Party with Betty &amp; Robbie (AR) 11:15 Leave for Lunch Bunch Outing to Moose Café (signup) 3:30 Wise and Well with Mickey: Injury &amp; Illness Prevention (WR) 3:45 Happy Hour: Pot of Gold Lemonade 6:00 Whiteboard Games with the Receptionist (lobby) <b>Paws for Purpose Pet Visits with Karen &amp; Piper (PM)</b> Shelby @ Training</p>	<p><b>23</b></p> <p>10:30 Saturday Morning Cooking with Lindsey 1:00 Tai Chi Video (SR) 2:00 Bingo with the receptionist (café) 6:00 Movie and Popcorn in the Sunroom: Evening 6:30 Board games with the Receptionist (café)</p>
<p><b>24</b></p> <p>9:30 Providence Presbyterian Church-Summerfield Pick Up (Meet in Lobby) 12:30 Concert with Music Academy of NC (DR) 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance &amp; Marcia (1:1) 3:00 Quilting Class with Marcia (café) 4:45 Providence Presbyterian Church-Summerfield (Pick-Up)</p>	<p><b>25</b></p> <p>9:30 Morning Walks 10:30 Allegro Music Therapy (AR) 1:15 Wise + Well Tai Chi with Eric (WR) 1:45 Skip Bo (AR) 3:00 MA Harmony performs (AR) 4:00 Popcorn and Polish(1:1) 6:00 Monday Night Music with Ronnie (AR)</p>	<p><b>26</b></p> <p>9:30 Coffee &amp; Conversation with Holly (Café) 10:30 Kindermusik Bridges Program (AR) 11-2 Parade of Tables (DR) 1:30 Wise + Well with Mickey: Weights (WR) 2:30 Bean Bag Toss (AR) 3:30 SingFit with Holly (AR) 6:00 Tuesday Tunes with Mood Swingz (AR)</p> <p>Shelby @ Training</p>	<p><b>27</b></p> <p>9:00 Meals on Wheels Delivery 9:30 Wise + Well with Mickey: Brain Games (WR) 10:30 Music and Memories with Robin (AR) 10:45 Leave for ACC Hall of Champions Tour &amp; Lunch at Stameys (Sign-Up) 3:00 Art from the Heart with Creative Aging Network (AR) 6:00 Scavenger Hunt Bus Rides with Lindsey (signup)</p>	<p><b>28</b></p> <p>9:30 IN2L 1:1 With Holly 10:30 Bingo with Activities staff (AR) 1:30 Popcorn &amp; Polish (1:1) 1:30 Guilford County Animal Shelter Visits 3:00 Piano with Pat Wade (AR) 3:30 Wise and Well with Mickey: Walking Challenge (WR) 6:00 Trivia with Receptionist (lobby)</p> <p>Shelby @ Training</p>	<p><b>29</b></p> <p>10:30 In and Out Day with UNCG Making banners for Spring Fling (AR) 2:30 Shopping to Wal-mart 3:30 Wise and Well with Mickey: Stretch &amp; Flex (WR) 3:45 Happy Hour: Leprechaun Punch 6:00 Whiteboard Word Games with the Receptionist (lobby) <b>Paws for Purpose Pet Visits with Karen &amp; Piper (PM)</b></p>	<p><b>30</b></p> <p>10:30 Saturday Activities w/ Holly 1:00 Tai Chi Video (SR) 2:00 Bingo with the receptionist (café) 6:00 Movie and Popcorn in the Sunroom: Red Riding Hood 6:30 Board games with the Receptionist (café)</p>
<p><b>31</b></p> <p>9:30 Providence Presbyterian Church-Summerfield Pick Up (Meet in Lobby) 12:30 Concert with Music Academy of NC (DR) 1:15 Devotion and Weekly Sing-along with Providence Presbyterian (AR) 1:30 Pet Visits With Chance &amp; Marcia (1:1) 3:00 Quilting Class with Marcia (café) 4:45 Providence Presbyterian Church-Summerfield (Pick-Up)</p>	  <p>4th Tuesdays @ 10:30</p> <p><b>Bridges Intergenerational Music Program</b></p> <p>5125 Michaux Road Greensboro</p> <p>Jan 22, Feb 26, Mar 26, Apr 23, May 28, Jun 25, Jul 23, Aug 27, Sept 24, Oct 22, Nov 26</p> <p><b>COME HAVE FUN WITH US!</b></p> <p>Contact Shelby or Lindsey to register @ gbaad@hnhunt.com/336-286-6404 Space is limited and program is geared for children ages 0-5.</p>		 <p>May your troubles be less and your blessings be more And nothing but happiness come through your door</p>	<p><b>Resident Birthdays</b></p> <p>Dorothy Moore 10<sup>th</sup> Vivian Earnhardt 12<sup>th</sup> Teresa Scott 12<sup>th</sup> Nora Baer 15<sup>th</sup> Rachel Overton 21<sup>st</sup> Margaret Rumley 23<sup>rd</sup> Bill Oliver 28<sup>th</sup></p>		<p><b>Staff Birthdays</b></p> <p>Sharon Sales 4<sup>th</sup> Thomas Richmond 5<sup>th</sup> Teresa Barrett 12<sup>th</sup> Yadelie Larrieux 16<sup>th</sup> Kaylah Robinson 17<sup>th</sup> Uriah Farrar 17<sup>th</sup> Wanda King 31<sup>st</sup></p>