

# March 2019 Activities & Event Calendar-Cottage 2



Spring Arbor of Greensboro \* 5125 Michaux Road \* Greensboro, NC 27410 \* (336) 286-6404 \* [www.springarborliving.com](http://www.springarborliving.com) \*  
Michael Mabe \*Cottage 2 Care Coordinator\* [gbccc2@hhhunt.com](mailto:gbccc2@hhhunt.com)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Resident Snacks Available 10am, 2pm, &amp; 8pm</p>			<p>Please remember that all activities are subject to change. We will do our best to give you as much notice as possible Thanks, Michael</p>		<p>1 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 UNCG Students here to make Easter Centerpieces (AR) 10:45 Cottage Bus Ride and Lunch Out 1-2 Relaxation Time 2:30 Tarheel Country Cloggers Performs (AR) 3:30 SingFit with staff (C2) 4:00 Happy Hour: Green Smoothies 6:00 Color by Number with Staff</p>	<p>2 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Morning Activities with Lindsey (AR) 1-2 Relaxation Time 2:00 Bingo in AL 2:00 Saturday Afternoon Sit-coms (C2) 3:30 Stretch and Smile with Staff (C2) 6:00 Board Games with Staff (C2)</p>
<p>3 9:00 Royal Treatment (C2) 10:30 Sunday Morning Bible Verses (C2) 1-2 Relaxation Time 1:15 Devotions and Sing A Long with Providence Presbyterian (AR) 1:30 Pet visits with Chance 1:30 Leave to go to Singing at Carolina Theatre and Dinner (sign up) 2:30 Sip &amp; Chat Social with Staff 3:45 Lets Take a Walk (C2) 6:00 Word Searches with Staff</p>	<p>4 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Hearts and Harmony: Music with Eric (AR) 1-2 Relaxation Time 2:30 SingFit with Staff 3:00 Horticulture Therapy with Catherine (AR) 6:00 Nail Care with Staff (C2)</p>	<p>5 <b>Fat Tuesday</b> 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Bunny Visits with Christie (AR) 1-2 Relaxation Time 2:00 Sip &amp; Chat Social with Staff 2:30 Wise + Well with Mickey 3:00 Life Skills Stations 6:00 Tuesday Tunes with Fredd (AR) 6:00 Pancake Dinner and Bingo Fundraiser for Alzheimer's Association</p>	<p>6 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Tunes and Tots with Robin (AR) 11:00 Wise + Well with Mickey 1-2 Relaxation Time 1:30 Leave to go to Precious Moments Church Service (sign up) 2:30 SingFit with Staff 3:00 Art from the Heart with CAN-NC (AR) 3:30 Nail Care with Staff (C2) 6:00 You've Got Mail with Staff (C2)</p>	<p>7 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Bingo with Activities Staff (AR) 10:30 Tray Play with Staff (C2) 1-2 Relaxation Time 1:30 Sing A Long with Nancy (AR) 3:00 Games on the IN2L (AR) 6:00 Word Games with Staff (C2)</p>	<p>8 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Funtime Friday with Ronnie Conoway (AR) 1-2 Relaxation Time 2:30 Art from the Heart with Johnny (AR) 3:30 SingFit with staff (C2) 4:00 Happy Hour: Sherbet Party Punch 6:00 Cottage Stories with Staff</p>	<p>9 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Morning Activities with Holly (AR) 1-2 Relaxation Time 2:00 Bingo in AL 2:00 Saturday Afternoon Sit-coms (C2) 3:30 Stretch and Smile with Staff (C2) 6:00 Jumbo Jenga with Staff (C2)</p>
<p>Daylight Savings Time10 9:00 Royal Treatment (C2) 10:30 Sunday Morning Bible Verses (C2) 1-2 Relaxation Time 1:15 Devotions and Sing A Long with Providence Presbyterian (AR) 1:30 Pet visits with Chance 2:30 Sip &amp; Chat Social with Staff 3:45 Lets Take a Walk (C2) 6:00 Games on the IN2L with Staff</p>	<p>11 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Art from the Heart with Jennifer (AR) 1-2 Relaxation Time 2:30 Magnolia Melodies with Randi (AR) 3:30 SingFit with Staff 6:00 Nail Care with Staff (C2)</p>	<p>12 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Bowling (AR) 10:30 Tray Play with Staff 1-2 Relaxation Time 1:15 Food Service/Resident Council Meeting (SR) 2:30 Wise + Well with Mickey 3:00 Cottage Stories with Staff 6:00 Tuesday Tunes with Brenda (Library)</p>	<p>13 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Art from the Heart: Paint by Number (AR) 11:00 Wise + Well with Mickey 1-2 Relaxation Time 2:00 Sip &amp; Chat Social with Staff 2:30 SingFit with Staff 3:00 Art from the Heart with CAN-NC (AR) 4:30 Walsh Kelly Irish School of Dance Performs (DR) 6:00 Balloon Tennis with Staff (C2)</p>	<p>14 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Bingo with Activities Staff (AR) 10:30 Magazine Scavenger Hunt with Staff (C2) 1-2 Relaxation Time 2:30 Tunes with Fredd (Lobby) 3:30 Hand Massages with Staff (AR) 6:00 Crosswords with Staff (C2)</p>	<p>15 9:00 Royal Treatment (C2) 10:00 Stretch and Smile with Staff 10:00 Cottage Walking Club 11:00 Cottage Walking Club 11:30 St. Patrick's Day Party (DR) 1-2 Relaxation Time 2:30 SingFit with Staff 3:00 Music with Josh and Darlene (C2) 4:00 Happy Hour: Rainbow Ice Cube Punch 6:00 Riddles with Staff</p>	<p>16 9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Morning Activities with Katy (AR) 1-2 Relaxation Time 2:00 Bingo in AL 2:00 Saturday Afternoon Sit-coms (C2) 3:30 Stretch and Smile with Staff (C2) 6:00 Matching Song Lyrics with Staff (C2)</p>

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>17</b></p> <p>9:00 Royal Treatment (C2) 10:30 Sunday Morning Bible Verses (C2) 1-2 Relaxation Time 1:15 Devotions and Sing A Long with Providence Presbyterian (AR) 1:30 Pet visits with Chance 2:30 Sip &amp; Chat Social with Staff 3:45 Lets Take a Walk (C2) 6:00 Color by Number with Staff</p>	<p><b>18</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Sentimental Journey with Bill Bottoms (AR) 1-2 Relaxation Time 2:30 SingFit with Staff 3:00 Horticulture Therapy (AR) 3:30 You've got Mail with Staff 6:00 Nail Care with Staff (C2)</p>	<p><b>19</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Handbells with Jorie (SR) 1-2 Relaxation Time 2:30 Wise + Well with Mickey 3:30 Sing A Long on the IN2L 6:00 Tuesday Tunes with High Cotton (AR)</p>	<p><b>20</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Art From the Heart with Jennifer (AR) 11:00 Wise + Well with Mickey 11:15 Cottage Lunch Bunch to Libby Hill 1-2 Relaxation Time 2:30 SingFit with Staff 3:00 Art from the Heart with CAN-NC (AR) 6:00 Bowling with Staff (C2)</p>	<p><b>21</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Bingo with Activities Staff (AR) 10:30 Tray Play with Staff (C2) 1-2 Relaxation Time 1:30 Let's walk to Dilishi for Ice Cream 1:30 until 4 Reflexology Massages in the Spa on 100 3:00 Matching with Staff 6:00 Cottage Stories with Staff (C2)</p>	<p><b>22</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Monthly Birthday Party (AR) 1-2 Relaxation Time 2:30 SingFit with staff (C2) 4:00 Happy Hour: Pot of Gold Lemonade 6:00 Puzzles with Staff</p>	<p><b>23</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Morning Activities with Lindsey (AR) 1-2 Relaxation Time 2:00 Bingo in AL 2:00 Saturday Afternoon Sitcoms (C2) 3:30 Stretch and Smile with Staff (C2) 6:00 Cookie Social with Staff (C2)</p>
<p><b>24</b></p> <p>9:00 Royal Treatment (C2) 10:30 Sunday Morning Bible Verses (C2) 1-2 Relaxation Time 1:15 Devotions and Sing A Long with Providence Presbyterian (AR) 1:30 Pet visits with Chance 2:30 Sip &amp; Chat Social with Staff 3:45 Lets Take a Walk (C2) 6:00 Wheel of Fortune with Staff</p>	<p><b>25</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Allegro Music Therapy (AR) 1-2 Relaxation Time 2:30 SingFit with Staff 3:30 Cottage Stories with Staff 6:00 Monday Night Music with Ronnie Conoway (AR)</p>	<p><b>26</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Kindermusik Bridges Program (AR) 11-2 Parade of Tables 1-2 Relaxation Time 2:30 Wise + Well with Mickey 2:30 Wine &amp; Cheese Social (Café) 3:30 Magazine Scavenger Hunt (C2)</p>	<p><b>27</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:10 Music &amp; Memories with Robin (AR) 10:45 Leave for ACC Hall of Fame &amp; Lunch 11:00 Wise + Well with Mickey 1-2 Relaxation Time 2:30 SingFit with Staff 3:00 Art from the Heart with CAN-NC (AR) 3:30 Girl Scout Troop here to visit (C2) 6:00 Balloon Toss with Staff (C2)</p>	<p><b>28</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Bingo with Activities Staff (AR) 10:30 Tray Play with Staff (C2) 1-2 Relaxation Time 1:30 Guilford County Animal Shelter Visits 3:30 Piano with Pat Wade (AR) 6:00 Nail Care with Staff (C2)</p>	<p><b>29</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 UNCG Students here to make banners (AR) 10:30 COTTAGE Bus ride and Lunch out 1-2 Relaxation Time 2:30 SingFit with staff (C2) 4:00 Happy Hour: Leprechaun Punch 6:00 Puzzles to Ponder with Staff</p>	<p><b>30</b></p> <p>9:00 Royal Treatment (C2) 10:00 Cottage Walking Club 10:30 Morning Activities with Holly (AR) 1-2 Relaxation Time 2:00 Bingo in AL 2:00 Saturday Afternoon Sitcoms (C2) 3:30 Stretch and Smile with Staff (C2) 6:00 Lifeskills Stations with Staff (C2)</p>
<p><b>31</b></p> <p>9:00 Royal Treatment (C2) 10:30 Sunday Morning Bible Verses (C2) 1-2 Relaxation Time 1:15 Devotions and Sing A Long with Providence Presbyterian (AR) 1:30 Pet visits with Chance 2:30 Sip &amp; Chat Social with Staff 3:45 Lets Take a Walk (C2) 6:00 Sing A Long on IN2L with Staff</p>		 <p><b>Resident Birthdays</b> Dorothy Moore 10<sup>th</sup> Vivian Earnhardt 12<sup>th</sup> Teresa Scott 12<sup>th</sup> Nora Baer 15<sup>th</sup> Rachel Overton 21<sup>st</sup> Margaret Rumley 23<sup>rd</sup> Bill Oliver 28<sup>th</sup></p>	 <p>4th Tuesdays @ 10:30 <b>Bridges Intergenerational Music Program</b> 5125 Michaux Road Greensboro Jan 22, Feb 26, Mar 26, Apr 23, May 28, Jun 25, Jul 23, Aug 27, Sept 24, Oct 22, Nov 26 <b>COME HAVE FUN WITH US!</b></p>	 <p><b>Staff Birthdays</b> Sharon Sales 4<sup>th</sup> Thomas Richmond 5<sup>th</sup> Teresa Barrett 12<sup>th</sup> Yadelie Larrieux 16<sup>th</sup> Kaylah Robinson 17<sup>th</sup> Uriah Farrar 17<sup>th</sup> Wanda King 31<sup>st</sup></p>	 <p>May your troubles be less and your blessings be more And nothing but happiness come through your door</p>	